

The City of Miami Springs pays for the News Bulletin

City Officials: Mayor Zavier Garcia Vice-Mayor Billy Bain Councilwoman Roslyn Buckner Councilman Bob Best Councilman Jaime Petralanda

OCTOBER 2015

IMPORTANT CALENDAR DATES

CITY COUNCIL MEETINGS:

CITY COUNCIL REGULAR MEETING MONDAY, NOVEMBER 9, 2015

CITY COUNCIL REGULAR MEETING MONDAY, NOVEMBER 23, 2015

RECYCLING:

WEDNESDAY, NOVEMBER 11TH WEDNESDAY, NOVEMBER 25TH

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Art in City Hall



"Snowy Egret: Tiny Dancer", photograph by Alex Abate

The "Art in City Hall" November 2015 exhibit will continue to feature the work of Miami Springs photographer Alex Abate. You are invited to view the exhibit Monday through Friday in City Hall Lobby between the hours of 8:00 a.m. and 4:45 p.m., during November.

Alex's favorite place to shoot is Everglades National Park. Spending most of his time at Shark Valley and on the Anhinga Trail, Alex enjoys shooting pictures of the many colorful birds and insects. His images capture the stunning brilliance of birds, butterflies and dragonflies, many while in flight. "My nemesis is a mating pair of red-shouldered hawks which nest every year near the visitor center at Shark Valley. Whenever I'm there I keep an eye out as well as my ears open for any sign of these birds. I like to catch them bringing building material to the nest, or prev to the young chicks, but they often fly in or out without making any sign. Aside from the hawks, I photograph egrets, herons, anhinga, cormorants, storks, gallinules and just about any kind of bird that wanders within range." Alex was selected by internationally renowned Florida photographer Clyde Butcher to receive an Honorable Mention in Rookery Bay's Annual Florida Juried Photography Exhibit for Tiny Dancer. If you live or work in Miami Springs and feel you have some special contribution to make for a future exhibit, please contact the City Manager's Office for information about exhibit requirements and scheduling. The telephone number is (305) 805-5010.

SPOTLIGHT ON ... Scoop the Poop

Did you know that

• The average dog* will deposit approximately 15,000 pounds of poo in its lifetime. (*This figure is based on the size, weight, and metabolism of an average Labrador. Actual amounts may vary.)

 Unlike cow poop, dog poop does not make good fertilizer. In fact, it's completely toxic to lawns due to the very high nitrogen content.

 The EPA classifies dog waste as nonpoint source pollution, along with herbicides and insecticides, oil, grease, and toxic chemicals.

Whether you have one dog or three and whether they are five pounds or a hundred, cleaning up their leftovers is not a fun prospect. It needs to be done, though, to protect your yard, your dogs, your children and yourself from the mess and disease that can go with it. Here are five important reasons to scoop that poop:

#1 Disease Control: Many diseases can be transmitted to dogs, cats and people through feces. These include giardia, roundworms, salmonella, and Ecoli.



In addition, your dog can spread or contract parvovirus or coronavirus through infected feces. Dog poop bacteria can cause and contribute to human illnesses such as asthma and seasonal allergies. That's right, leaving your pup's poop behind could actually make someone REALLY sick.

#2 Keep yards, swales and parks **usable:** Nobody likes to walk through grass that is hiding "doggie land mines."

#3 Fly Control: Flies will consume and lay eggs in feces. These same flies will then come into your house and then spread disease as they pause on your counter and food. Keeping feces cleaned up will prevent this cycle.

#4 Responsible Pet Ownership: Your responsibility to clean up after your pet doesn't end when your dog leaves your yard. There are probably fewer things that aggravate neighbors more than a dog that 'goes' in their yard. Pet owners need to clean up after their pet every time they go to the bathroom. Period. No exceptions. Don't make your responsibility somebody else's problem.

#5 It's the Law: Miami Springs City Ordinance #96-09 requires that you pick up your dog's feces. This is being enforced by the Code Compliance and Police Departments. There is a fine of \$25.00 for failure to pick up your dog's feces.

Until our pups can pick up after themselves, it looks as though we're stuck with this most undesirable "doody," so when your dog has finished

ELDERLY SERVICES DEPT. 305.805.5160

SENIOR CENTER, • 343 PAYNE DRIVE

The Miami Springs Senior Center, located on Prince Field at 343 Payne Drive, offers a variety of activities and services to older residents every Monday through Friday from 9:00 a.m.--5:00 p.m. Current financial and programmatic support comes from: the City of Miami Springs; the Alliance for Aging, Inc. and the Florida Department of Elder Affairs; the Village of Virginia Gardens; participant donations; local business organizations, civic groups and countless volunteers. Residents of Miami Springs, age 60 and over, are eligible to participate in a variety of services and activities offered at the City's senior center.

CONGREGATE MEALS: Hot lunch meals are served weekdays from 11:30 a.m.--12:30 p.m. to assist area seniors in maintaining a nutritionally balanced diet and to provide opportunities to volunteer and socialize with their peers.

HEALTH SUPPORT ACTIVITIES:

The following courses require registration, as class size is limited, and are offered only to seniors enrolled in Miami Springs Senor Center activities:

• CHAIR YOGA instruction is provided by Natasha Salmon-Cogno on Mondays and Wednesdays from 9:00-10:30 a.m. at the City's Senior Center. Classes are offered

free to local residents age 60 and over. • "LET'S DANCE" EXERCISE CLASSES, free to area seniors, are scheduled on Mondays and Wednesdays from 10:30-11:00 a.m. at the senior center facility. Classes are instructed by Natasha Salmon-Cogno and pre-registration is requir • FLOOR YOGA CLASSES, instructed by Natasha Salmon-Cogno, are offered free to registered seniors on Tuesdays and Thursdays from 9:00–11:00 a.m. at the Curtiss Mansion. "CELEBRATION WORKOUT" classes, designed to work on memory and physical fitness, are held every Friday morning from 9:00-11:00 a.m. at the City's Senior Center. Classes are instructed by Natasha Salmon-Cogno and are free to registered seniors. • TAI CHI for ARTHRITIS -- Tai Chi exercises, designed to help older individuals with Arthritis, are taught by Judd Zisquit on Tuesdays and Thursdays from 12:30-1:30 p.m. to seniors who are enrolled in senior center activities. Classes meet at the Miami Springs Community Center and focus on improving joint flexibility, balance, muscular strength, and general fitness and health. Interested seniors must pre-register at the senior center office located at 343 Payne Drive. **RECREATION ACTIVITIES:** Recreational and social events are planned each month at the senior center. The following activities are scheduled for November: weekly Bingo games; a special musical presentation by the Xiques Family (11/4); the monthly birthday & anniversary party (11/19); shopping trips to Flagler Street Mall (11/6) and Wal-Mart (11/19); the



The senior center provides daily bus pick-up and drop off for seniors without transportation.

delivery of fruit baskets to homebound seniors in the community (11/23); and a Thanksgiving luncheon (11/25)

TRANSPORTATION: Daily pick up, utilizing the Hialeah-MS Rotary Charitable Foundation bus, is provided to older residents with no means of transportation to and from the center. In addition, weekly trips are made to area grocery stores and assistance is given with shopping and carrying packages. Field trips to local stores, malls or other places of interest are scheduled each month.

HEALTH SUPPORT AND EDUCATIONAL PROGRAMS: Educational presentations are scheduled each month through the sponsorship of numerous individuals, community service organizations and businesses. Currently, the following topics are scheduled for November:

Free BLOOD PRESSURE SCREENING - Registered Nurses from the Miami-Dade Health Department will provide free testing for hypertension and individual counseling at the senior center on 11/4 from 10-11:30 a.m.

Annual FLU AND PNEUMONIA VACCINATION DRIVE – Miami-Dade County Commissioner Rebeca Sosa is partnering with the M-D County Health Department to provide this immunization program for area residents on 11/10 from 9:30-11:30 a.m. at the City's Community Center;

"CRIME WATCH" PROGRAM - Officers Jorge Capote and Janice Simon from the MSPD's Community Policing Office will conduct the monthly Crime Watch Meeting at the senior center on 11/17 at 12:15 p.m. and provide information on recent local criminal activity;

'DIABETES: A DISEASE YOU CAN MANAGE" --Jacquelyn Gibson, MS, Family & Consumer Science Agent IV with the UF/M-D Extension Services, will present valuable information on this topic at 12:15 p.m. on 11/18.

For further information on any of the services, activities, or special programs offered, or to volunteer your time, talent or expertise at the Miami Springs Senior Center, please contact us at 305.805.5160.

POLICE DEPARTMENT 305.888.9711

Rules for Driving Golf Carts in Florida

The Miami Springs Police Department would like to remind the owners of golf carts that they are not toys, they are motor vehicles. The State of Florida has laws in place that govern the operation and use of golf carts and Low Speed Vehicles (LSV). It is the responsibility of the vehicle operators to understand and obey the laws that pertain to them.

The use of golf carts on the streets of Miami Springs is prohibited unless they are being used at the Miami Springs Golf and Country Club. In order for a golf cart to be operated on the streets of Miami Springs, it must be deemed an LSV. Neither a golf cart nor an LSV is allowed to be driven on a sidewalk in Miami Springs.

Vehicle Definitions and Requirements

• A golf cart is defined as a motor vehicle that is designed for operation on a golf course or for sporting or recreation and is not capable of exceeding 20 mph.

• Per F.S.S. 316.2122, an LSV is defined as a four wheeled vehicle whose top speed is greater than 20 mph, but less than 25 mph.

• An LSV may only be operated on roadways where the speed limit is 35 mph or less.



• The operator of an LSV must be a licensed driver.

• An LSV must have a registered license plate and be insured.

• Also per F.S.S 316.3122, an LSV **must be equipped** with the following safety equipment: Seat belts, a windshield, rear view mirror, headlights, tail lights, stop lamps, side reflectors, a parking brake, turn signals and a VIN number.

• Do not allow anyone to ride standing in the vehicle or on the back platform of the vehicle. Please keep your arms and legs inside the vehicle at all times.

As of the August 31, 2015 City of Miami Springs Council Meeting, it was decided that no changes would be made. The City of Miami Springs continues to abide by the Florida State Statutes that govern the operation of golf carts and LSVs.

Once again, "golf carts" are not allowed on public streets within our City. Only LSVs are permitted on public streets, provided that they meet the requirements stated in F.S.S. 316.2122.

REMINDERS FOR A HAPPY & SAFE HOLIDAY SEASON !!!

There's excitement in the air and the houses are being decorated for the coming holidays and we enjoy seeing the holiday spirit, however, the days will soon be shorter and more pedestrians will be out enjoying the outdoor activities. Here are a few pointers to remember when decorating your homes for the holidays:

- Please keep safety a priority on your property for pedestrians and your visitors.
- Avoid hanging decorations that could fall on the sidewalk or on the street.
- Taping or running extension electrical cords on the sidewalk or swale is prohibited.
- Please do not place obscene or offensive decorations on your property or the public right of way.
- It is prohibited to put nails, chains or staples on the City trees. It harms the trees.
- Cords of lights, solar lights or any type of electrical lighting are not allowed on the City trees or swale areas.
- It is very important that the house number is always visible from the street, if your house doesn't have one, replace it as soon as possible.

In order to make sure our City is safe, we will be monitoring the right of ways such as sidewalks, swales and trees for potential hazards, during the Holidays. Minor infractions will not be cited, however if we see decorations that could be a hazard, you will be asked to remove them.

We appreciate your efforts in making these holidays safe and enjoyable. Have a joyous and safe holiday season!



HUMAN RESOURCES DEPT. 305.805.5009

NOVEMBER BIRTHDAYS:

PARKS & RECREATION DEPT. 305.805.5075/76 1401 Westward Drive

Follow us on Twitter @miamispringsrec

FACILITY RENTAL:

The Multi-Purpose Room is available for rentals

The 10x10 Pavilions at Prince Field are available for rentals The 20x20 Pavilion at Stafford Park is avail-

able for rental Contact the Main Office at the Community

Center for availability & pricing. 305.805.5075

GYMNASIUM:

Open Gym Basketball Hours:

Monday – Friday: 12:00 p.m. – 3 p.m.: 18 & Over \$4

3:00 pm – 5:30 p.m.: 17 & under ONLY, Free **Saturday:** 7:00 a.m. – 8:30 p.m.: 17 & Under Free, 18 & Over \$4

Sunday: 9:00 a.m. – 7:00 p.m.: 17 & under Free 18 & over \$4

Open Gym Volleyball:

Friday Evening: 6:00 p.m. – 9:30 p.m.: 17 & under Free 18 & over \$4

Walking Club: Register Now! Members will be rewarded for miles completed. We'll not only walk on the Indoor Jogging/Walking Track in our Gymnasium, we'll also do different trails located throughout the Miami Springs area. For additional information, contact Caitlin Smith.

FITNESS:

Fitness Room & Jogging Track Hours: Monday – Friday 6:00 a.m. – 9:30 p.m., Saturday 7:00 a.m. – 8:30 p.m. & Sunday 9:00 a.m. – 7:00 p.m.

Fitness Room Memberships:

Adults: 18 & over \$150.00

Senior: 60 & over \$75.00 Youth: 13 – 17, \$150.00 (must be accom-

panied by a PARENT) Family of 2: \$188.00

Family of 3: \$263.00

Additional family members \$75.00* *Immediate Family Members ONLY

Seniors 60 & Over

Use of the Fitness Room is FREE, Monday – Friday, 9:00 a.m. – 12:00 p.m.

Participants must fill out the registration form at the Main Office of the Community Center

GET FIT PROGRAM: THIS IS A TWICE-WEEKLY PROGRAM WITH HIGHLY-EXPERI-ENCED COACHES / TRAINERS, TRAINING ATHLETES FOR TOP-NOTCH STRENGTH, FLEXIBILITY, SPEED, BALANCE, CARDIOVASCU-LAR AND RESPIRATORY ENDURANCE, CONDI-TIONING AND COORDINATION DESIGNED TO HELP KIDS REACH PEAK FITNESS AND PERFORMANCE!

This fitness program is for kids of all fitness levels and backgrounds between the ages of 9 – 15 years old. The Get Fit Program will be held on Tuesday & Thursday evenings, 6:15pm – 7:15pm.

The cost is \$50 per participant and SPACE is LIMITED.



JAZZERCISE:

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt tone and lengthen muscles for maximum fat burn.

Monday through Thursday: 6:00 p.m.

Saturday: 10:00 a.m. Jr. Jazzercise: is a fitness class for girls

ages 5-11. The format combines dance and aerobics with group games & special activities to make the class fun and challenging.

Tuesday & Thursday: 5:15 p.m. – 6:15 p.m. information visit jazzercise.com or call 305-888-7625

SPECIAL EVENTS:

The Annual Spook-tacular Halloween Costume Contest will be held on Friday, October 30h at 7:00pm at the Miami Springs Community Center. The costume contest is for ALL AGES; from Babies to Adults including Family Costumes!

For more information please call the Miami Springs Community Center at 305-805-5075

The Veteran's Day Ceremony will be held on Wednesday, November 11th at 10:00am at the War Memorial on Curtiss Parkway. All Veteran's are invited to participate in this service.

For additional information please call Patricia Bradley at the Miami Springs Community Center at 305-805-5075

The 5h Annual 5K Turkey Trot is set for Saturday November 21st! As always this is not just a 5K, but a time to give back to those in need. In addition to the \$10 registration fee you will also need to turn in 2 canned goods (but we will gladly accept more) which will be given to the local organizations to be distributed as needed. If you would like to register prior to the 21st, TROT on over to the Community Center to turn in your registration form and canned goods beginning Monday, November 2nd!

Christmas at the Gazebo will be held Saturday, December 5h. The parade will begin at 5:45pm in front of City Hall and will drop Santa off at the Circle. The fun on the circle will be from 6:00pm – 9:00pm. Be sure to bring your wish list to give to Santa and your camera to have your picture taken with Santa too! Mark your calendar; you don't want to miss out on another festive year of cheer.

I.D. Bracelets for Miami Springs and Virginia Gardens RESIDENTS (with proof of residency) will be available at the Community Center beginning Monday, November 9th.

5 & under are free, 6-13 are \$2

ID Bracelets for Non- Residents will be available at the Community Center beginning on Monday, November 30th ALL AGES \$10

For more information please call 305-805-5075



Happy Birthday and Best Wishes to the following City employees:

John Mulla Armando Torre Frank Perez Steven Griffin Daisy Garcia Mason Kegley Omar Luna Ashley Romeo

Recognizing long term employees:

The following employee had his anniversary date in October					
Rene Alonso	completed 28 years of service				
Katherine Anderson	completed 8 years of service				
Leah Cates	completed 14 years of service				
Patricia Mann Bradley	completed 32 years of service				
Jorge Pacheco Jr.	completed 11 years of service				
Jorge Romeo	completed 12 years of service				
Janice Simon	completed 16 years of service				
Thank you for your loval corvice to the City of Miami Springs					

Thank you for your loyal service to the City of Miami Springs.

Bike Path Courtesy

Bicyclists and roller bladers are reminded to alert pedestrians (especially seniors) on the bike paths when approaching them from the rear. Ringing a bell or saying a friendly "Hello" can prevent a startled pedestrian from bumping into or stepping out in front of the rider/skater, causing a collision that could be harmful to both parties. It only takes a second, and is an easy way to ensure safety and enjoyment for all.

www.miamisprings-fl.gov

NOVEMBER 2015

Sun	Mon	Tue	Wed	Tha	Fri	Sat
1	2	3	4 parks & parkways: 7:00 p.m.	5	6	7
8	9 City Council Meeting: 7:00 p.m.	10	11 veteran's day! city hall closed	12	13	14
15	16	17 ART IN PUBLIC PLACES MTG.: 7:00 P.M.	18 HISTORIC preservation MTG.: 6:30 p.m.	19	20	21
22	23 CITY COUNCIL MEETING: 7:00 P.M.	24	25	26 Thanksgiving day. City hall closed!	27 Day after thanksgiving. City hall Closedi	28
29	30					