

City of Miami Springs

News Bulletin



The City of Miami Springs pays for the News Bulletin

City Officials:
 Mayor Xavier Garcia
 Vice-Mayor Jaime Petralanda
 Councilman Billy Bain
 Councilman Bob Best
 Councilman Roslyn Buckner

201 Westward Drive, Miami Springs, FL 33166 • City Hall: 305.805.5000 • Police: 305.888.9711 • Water/Sewer Emergencies: 305.274.9272 • Fire & Rescue: 911

DECEMBER 2016

IMPORTANT CALENDAR DATES

Observed Holidays

Monday, December 26, 2016
Day after Christmas Day

Monday, January 2, 2017
Day After New Year's Day

Monday, January 16, 2017
Martin Luther King Jr. Day

City Council Meetings

Monday, January 9, 2017
City Council Regular Meeting

Monday, January 23, 2017
City Council Regular Meeting

RECYCLING:

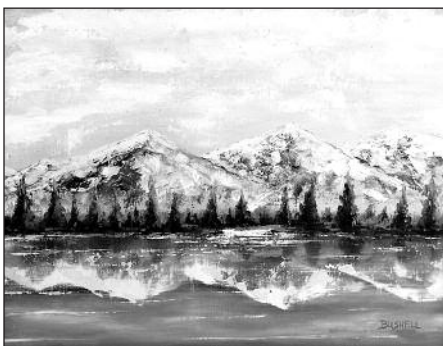
Wednesday, January 4
Wednesday, January 18



*Season's Greetings
from your
City Clerk's Office*

Erika Gonzalez, City Clerk
 Elora R. Sakal, Deputy City Clerk
 Juan D. Garcia, Administrative Assistant

Art in City Hall



Down in the Valley, Jim Bushell, oil on canvas

Members of the Hibiscus Fine Arts Guild will be displaying seasonal scenes during the annual "Winter Art Exhibit" throughout December and January in our City Hall lobby. The Hibiscus Art Guild was organized over 40 years ago to foster art appreciation in our community. The Guild brings artists together to share techniques and to promote artistic creation. All artists are welcome, and they encourage interested local residents to join them. For information, please call 305.805.5010 or 305.888.8133. You are cordially invited to view the art exhibit during the months of December and January, Monday through Friday, between the hours of 8:00 a.m. and 4:45 p.m. If you live or work in Miami Springs and you have a special contribution you would like to make for a future exhibit, please contact Carol Foster for information about exhibit requirements and scheduling. The telephone number is (305) 805-5054.

Happy Holidays!

from your City's Finance Department



ELDERLY SERVICES DEPT.

305.805.5160 • SENIOR CENTER, • 343 PAYNE DRIVE

SENIOR CENTER NEWS

The Miami Springs Senior Center, located on Prince Field at 343 Payne Drive, offers a variety of activities and services to older residents every Monday through Friday from 9:00 a.m.--5:00 p.m. Current financial and programmatic support comes from: the City of Miami Springs; the Alliance for Aging, Inc. and the Florida Department of Elder Affairs; the Village of Virginia Gardens; participant donations; local business organizations, civic groups and countless volunteers. Residents of Miami Springs, age 60 and over, are eligible to participate in a variety of services and activities offered at the City's senior center.

CONGREGATE MEALS: Hot lunch meals are served weekdays from 11:30 a.m.–12:30 p.m. to assist area seniors in maintaining a nutritionally balanced diet and to provide opportunities to volunteer and socialize with their peers.

HEALTH SUPPORT ACTIVITIES:

The following courses require registration, as class size is limited, and are offered only to seniors enrolled in Miami Springs Senior Center activities:

- **CHAIR YOGA** instruction is provided by Natasha Salmon-Cogno on Mondays and Wednesdays from 9:00–10:30 a.m. at the City's Senior Center. Classes are offered free to local residents, age 60 and over, who register with the Elderly Services Department.

- **"LET'S DANCE" EXERCISE CLASSES**, free to area seniors, are scheduled on Mondays and Wednesdays from 10:30–11:00 a.m. at the senior center facility. Classes are instructed by Natasha Salmon-Cogno and pre-registration is required.

- **FLOOR YOGA CLASSES**, instructed by Natasha Salmon-Cogno, are offered free to registered seniors on Tuesdays and Thursdays from 9:00–11:00 a.m. at the Curtiss Mansion.

- **"CELEBRATION WORKOUT"** classes, designed to work on memory and physical fitness, are held every Friday morning from 9:00–11:00 a.m. at the City's Senior Center. Classes are instructed by Natasha Salmon-Cogno and are free to registered seniors.

- **CHAIR EXERCISE CLASSES**, instructed by Elizabeth King and free for registered seniors, are offered on Tuesdays and Thursdays from 10:45–11:15 a.m. at the Senior Center.

- **TAI CHI for ARTHRITIS** -- Tai Chi exercises, designed to help older individuals with Arthritis, are taught by certified instructor Judd Zisquit on Tuesdays and Thursdays from 12:30–1:30 p.m. to seniors who are enrolled in senior center activities. Classes meet in the Multi-Purpose Room at the Aquatic Center and focus on improving joint flexibility, balance, muscular strength, and general fitness and health. Miami Springs' seniors must pre-register at the senior center office located at 343 Payne Drive.

RECREATION ACTIVITIES: Recreational and social events are



*Merry Christmas and
Happy New Year!*

From the staff at Miami Springs Senior Center

planned each month at the senior center. Currently, the following activities are scheduled for November: weekly Bingo games (1/3, 1/9, 1/17, 1/23 and 1/30); the monthly birthday & anniversary party (1/19); shopping trips to Wal-Mart (1/6) and Target (1/18).

TRANSPORTATION: Daily pick up, utilizing the Hialeah-MS Rotary Charitable Foundation bus, is provided to older residents with no means of transportation to and from the center. In addition, weekly trips are made to area grocery stores and assistance is given with shopping and carrying packages. Field trips to local stores, malls or other places of interest are usually scheduled each month, as well.

HEALTH SUPPORT AND EDUCATIONAL PROGRAMS: Educational presentations are scheduled each month through the sponsorship of numerous individuals, community service organizations and businesses. The monthly Crime Watch Program will be presented by Officers Jorge Capote and Janice Simon from the MSPD's Community Policing Office on January 24th at 12:15 p.m. Other presentations are being planned, as well.

For further information on any of the services, activities, or special programs offered, or to volunteer your time, talent or expertise, please contact us.

WELCOME

The City of Miami Springs welcomes the following new businesses to our City, and wishes them every success:

Chaban Wellness LLC/dba YES
657 South Drive
weight loss center

Zamora Insurance Corp./dba Univista
186 Westward Drive
insurance office

POLICE DEPARTMENT

305.888.9711

Tips for Responsible Hosting

Did you know that you can be held responsible for what happens to your guests while they are in your home, on your property or at any function or party you organize, regardless of the location?

As well, when you entertain and are in charge of the premises and who attends, you are responsible for taking steps to protect all your guests from harm, including those who may be impaired or intoxicated. This means ensuring the location is safe for all guests, protecting them from risk of injury others may pose, and ensuring that activities taking place at the event don't pose a risk of injury.

The Miami Springs Police Department would like for you to exercise caution and follow these tips to help keep things safer once the party's started:

Be the Host with the Most

Plan to drink minimally or not at all. You'll be better able to avoid potential problems if you can think clearly and act quickly. If someone is drinking too much, engage them in conversation, offer snacks and a non-alcoholic drink.

Treat Alcohol with Respect

Alcohol produces a wide range of physical and mental effects that vary from one individual to another. Even at low levels, it may affect perception, judgment, coordination and decision-making long before there are obvious signs of impairment.

Designate Drivers

Before the party gets going, it's important to make sure all your guests have planned for a safe trip home. Know who the designated drivers will be. Then, serve them accordingly—that means no alcohol whatsoever.

Take the Fizz Out

If you serve an alcoholic punch, use a non-carbonated base, such as fruit juice. The body absorbs alcohol faster when mixed with carbonation, as in mixed drinks with carbonated mixes or sparkling wines.

Measuring Up

Mix and serve drinks yourself or appoint a trustworthy bartender rather than letting guests serve themselves. Be sure to measure drinks and avoid

servings doubles or shots. Don't refill glasses readily. Never let children serve or consume alcohol.

A Drink is a Drink

Despite appearances, a standard serving of beer, wine or spirits each contains an equal amount of absolute alcohol. That means a 12 oz beer (5% alcohol per volume, a 5 oz glass of wine (12% alc./vol.) and a 1 oz serving of spirits (40% alc./vol.) are all equal in alcohol content. Use a shot glass to measure drinks. Guessing can lead to excessive consumption.

No Means No

Never make drinking the focus of your event or force drinks on your guests. If someone says no to a drink, be sure to offer them non-alcoholic alternatives or mocktails. Also, do not force abstainers to make a public statement by serving alcohol in one type of glass and soft drinks in another. Plan on providing plenty of water and non-alcoholic beverages. Guests may also appreciate you including low-alcohol beers and wines in your bar.

Serve Food

Alcohol is generally absorbed into the bloodstream faster on an empty stomach, while food in the stomach tends to slow down the absorption of alcohol. If you serve alcohol, always have plenty of easily accessible food on hand. If you're not serving a meal, have plenty of high-protein and carbohydrate foods available, such as cheese, meats, unsalted chips, crackers, nuts and bread. High-moisture content foods, such as raw vegetables and fruits, with low-calorie dips are also good choices. Avoid salty and greasy snacks, which tend to make people thirstier.

Last Call

Never serve guests to the point of intoxication. Stop serving alcohol at least an hour before the end of the party. Close down the bar and make the transition by serving enticing desserts and coffee or other non-alcoholic drinks.

Happy Trails

Be prepared to arrange rides for guests with sober drivers, drive them yourself, or provide a ride with a taxi, Uber or Lyft. Be sure to have taxi numbers ready in advance. Never, ever let anyone who's been drinking get behind the wheel of a vehicle.

PARKS & RECREATION DEPT.

305.805.5075/76 1401 WESTWARD DRIVE
FOLLOW US ON TWITTER @MIAMISPRINGSREC

FACILITY RENTAL:

The Multi-Purpose Room is available for rentals. The 10x10 Pavilions at Prince Field are available for rentals. The 20x20 Pavilion at Stafford Park is available for rental

Contact the Main Office at the Community Center for availability & pricing. 305.805.5075

SPECIAL CLOSING

Prince Field: The Athletic Field will be CLOSED until Mid-January for Field Renovation
The tot lot will remain OPEN

Open Gym Basketball Hours:

Monday – Friday: 12:00 p.m. – 5:00 p.m.: 18 & Over \$4

Saturday: 7:00 a.m. – 8:30 p.m.: 17 & Under Free, 18 & Over \$4

Sunday: 9:00 a.m. – 7:00 p.m.: 17 & under Free 18 & over \$4

Open Gym Volleyball:

Friday Evening: 6:00 p.m. – 9:30 p.m.: 17 & under Free 18 & over \$4

FITNESS:

Fitness Room & Jogging Track Hours:

Monday – Friday 6:00 a.m. – 9:30 p.m.,
Saturday 7:00 a.m. – 8:30 p.m. & Sunday
9:00 a.m. – 7:00 p.m.

Fitness Room Memberships:

Adults: 18 & over \$150.00

Senior: 60 & over \$75.00

Youth: 13 – 17, \$150.00 (must be accompanied by a PARENT)

Family of 2: \$188.00

Family of 3: \$263.00

Additional family members \$75.00*

*Immediate Family Members ONLY

Seniors 60 & Over

Use of the Fitness Room is FREE, Monday – Friday, 9:00 a.m. – 12:00 p.m.

Participants must fill out the registration form at the Main Office of the Community Center

GET FIT PROGRAM:

THIS IS A TWICE-WEEKLY PROGRAM WITH HIGHLY-EXPERIENCED COACHES / TRAINERS, TRAINING ATHLETES FOR TOP-NOTCH STRENGTH, FLEXIBILITY, SPEED, BALANCE, CARDIOVASCULAR AND RESPIRATORY ENDURANCE, CONDITIONING AND COORDINATION DESIGNED TO HELP KIDS REACH PEAK FITNESS AND PERFORMANCE!

This fitness program is for kids of all fitness levels and backgrounds between the ages of 11 – 15 years old. The Get Fit Program will be held on Tuesday & Thursday evenings.

The cost is \$50 per participant for 8 classes and SPACE is LIMITED.

Registration is ongoing at the Community Center.

JAZZERCISE:

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt tone and lengthen muscles for maximum fat burn.

Monday through Thursday: 6:00 p.m.

Saturday: 10:00 a.m.

Jr. Jazzercise: is a fitness class for girls ages 5-11. The format combines dance and aerobics with group games & special activities to make the class fun and challenging.

Tuesday & Thursday: 5:15 p.m. – 6:15 p.m.

For information visit jazzercise.com or call 305-888-7625

AQUATICS:

The Aquatic Center will be CLOSED for Maintenance and is tentatively scheduled to reopen mid-January

The Multi-Purpose Room will still be available for rentals

Rentals:

The Miami Springs Aquatic Facility offers public and private rentals for residents & non-residents.

If you are hoping to get out of the sun while at the pool you may be interested in a 12x12 umbrella rental or 16x16 shaded areas.

There is a Multi-Purpose room available for rent that we hope will meet all your party needs.

For detailed rental information and pricing please call the Miami Springs Aquatic Center at 305-805-5078 or visit <http://www.miamisprings-fl.gov/parksandrecreation/aquatic-facility-rental-information>

SPECIAL EVENTS

SAVE THE DATE! Daddy & Daughter Date Night will be held on Saturday, February 18th at the Miami Springs Golf & Country Club. For additional information please call 305-805-5075.

BUILDING & CODE COMPLIANCE DEPT.

305.805.5030

BEST WISHES TO ALL FROM US

The Code Compliance Department would like to wish all of our residents, business owners and visitors a wonderful and happy Holiday, Christmas and a New Year filled with met goals and new dreams to pursue.

We thank you for keeping Miami Springs green and beautiful. Enjoy the weather and our City by taking a walk through the festively decorated homes and streets. Our department takes pride in the efforts made to ensure that our City is enjoyable and safe as possible.

In this note we will continue to monitor the alley ways for encroachment and over growth of vegetation. Please check adjacent to your property and remove any encroachments or branches that are lower than 15 ft.

Also, since hurricane season is over, make sure that all hurricane protection devices are open or removed from all windows and doors. Our City code mandates that all hurricane protection devices be removed promptly after a hurricane warning in order to provide an egress to the property owner in the event of an emergency.

• **Sec. 96-18. - Alley encroachment prohibited.**

Owners of real property adjacent to or abutting City alleys are prohibited from encroaching, blocking or obstructing any City alley.

(Ord. No. 877-02, passed 1-14-02)

• **Sec. 96-19. - Prohibited acts.**

The growth of any trees, bushes, or other foliage or vegetation into any alley and the placement of any structure, fence, vehicle, personal property, garbage or trash therein so as to encroach, block or obstruct any City alley is strictly prohibited.

(Ord. No. 877-02, passed 1-14-02)

• **Sec. 96-20. - Notification of violation.**

Upon observation and verification of a violation of the aforesaid Code Sections, the City Code Enforcement Department shall notify the property owner responsible for the violation in writing. The Notice of Violation may be hand delivered, sent by certified mail, return receipt requested, or posted on the subject premises in a conspicuous location.

• **Sec. 93-13. Maintenance of property by owner.**

(C) Accordion shutters, window awnings, hurricane panels, plywood sheets, and other forms of storm protection devices that are utilized for the protection of windows and doors in anticipation of impending hurricanes and other storm systems may be closed, lowered, placed or installed no sooner than five (5) days prior to the time that the hurricane or storm system is anticipated to reach the City. However, upon proper notification to the Police Department that the property will be vacant for a specified period of time, the aforesaid storm protection devices may be closed, lowered, placed or installed for no longer than ninety (90) days during any calendar year.

Following the passage of the hurricane or storm system, and the return of the City to normal weather conditions, all Accordion shutters, window awnings, hurricane panels, plywood sheets, and other forms of storm protection devices shall be opened, raised or removed within thirty (30) days thereof. Any failure to comply with the foregoing shall be considered a violation of Section (A) above and enforced in accordance with the City's established Code enforcement procedures. It is the established policy of the City that the storm protection devices specified herein shall not be used as a method or means of providing security or crime prevention while the premises are being occupied.

HUMAN RESOURCES DEPT. 305.805.5009

THE HUMAN RESOURCES DEPARTMENT EXTENDS ITS BEST WISHES FOR A HAPPY, SAFE AND HEALTHY HOLIDAY SEASON TO THE CITY OF MIAMI SPRINGS RESIDENTS, EMPLOYEES AND THEIR FAMILIES.

Have a great year 2017!



Bill Collins, HR Director and
Rose Piniella, HR Specialist

JANUARY BIRTHDAYS:

Happy Birthday and Best Wishes to the following City employees:



Juleann Santos
Thomas Nash
Mary Arguedas
Erika Gonzalez
Santamaria

Carlos Nuñez
Castella Postell
Sophia Scott
Tammy Romero
Nicolle Rodriguez

Antonio Pérez
José Bergueiro
Nelson Figueredo
Charles Schubert
Jacob Dweck

Recognizing long term employees:

The following employee had their anniversary date in December

John Mulla completed 26 years of service.

Lourdes I. Taveras & Tulio J. Garcia Sr. completed 12 years of service.

Jorge E. Irizarry, Shiketa Duberry,
& Ramon A. Tamargo completed 14 years of service.

Thank you for your loyal service to the City of Miami Springs.

JANUARY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 DAY AFTER NEW YEARS DAY! CITY HALL CLOSED!	3	4 PARKS & PARKWAYS MTG.: 7:00 P.M.	5	6	7
8	9 CITY COUNCIL MEETING: 7:00 P.M.	10	11	12	13	14
15	16 MARTIN LUTHER KING JR. DAY! CITY HALL CLOSED!	17	18 HISTORIC PRESERVATION MTG.: 7:00 P.M.	19	20	21
22	23 CITY COUNCIL MEETING: 7:00 P.M.	24	25	26	27	28
29	30	31				