

City of Miami Springs

News Bulletin



The City of Miami Springs pays for the News Bulletin

City Officials:

Mayor Xavier Garcia

Vice-Mayor Jaime Petralanda

Councilman Michael Windrem

Councilman Billy Bain

Councilman George Lob

201 Westward Drive, Miami Springs, FL 33166 • City Hall: 305.805.5000 • Police: 305.888.9711 • Water/Sewer Emergencies: 305.274.9272 • Fire & Rescue: 911

DECEMBER 2014

IMPORTANT
CALENDAR DATESMONDAY, JAN. 12, 2015 • 7:00 P.M.
CITY COUNCIL REGULAR MEETINGMONDAY, JAN. 19, 2015
MARTIN LUTHER KING, JR. DAY!
CITY HALL CLOSED!MONDAY, JAN. 26, 2015, 7:00 P.M.
CITY COUNCIL REGULAR MEETING

RECYCLING:

WEDNESDAY, JANUARY 7TH
WEDNESDAY, JANUARY 21ST

The Finance Department wishes everyone
Happy Holidays and a prosperous New Year.

PUBLIC WORKS DEPARTMENT

305.805.5170

Message from Public Works

Q: "O Christmas Tree, O Christmas Tree..." What should I do with it after the lights are down and the ornaments are stored for another year?

A: Just place it out as you would any other plant material, with your bulk trash, for pick up.

ELDERLY SERVICES DEPT.
305.805.5160 Senior Center,
343 Payne Drive

SENIOR CENTER NEWS

The Miami Springs Senior Center, located on Prince Field at 343 Payne Drive, offers a variety of activities and services to older residents every Monday through Friday from 9:00 a.m.--5:00 p.m. Current financial and programmatic support comes from: the City of Miami Springs; the Alliance for Aging, Inc. and the Florida Department of Elder Affairs; the Village of Virginia Gardens; the Miami Springs Adult & Community School; participant donations; local business organizations, civic groups and countless volunteers. Residents of Miami Springs, age 60 and over, are eligible to participate in a variety of services and activities offered at the City's senior center.

CONGREGATE MEALS: Hot lunch meals are served weekdays from 11:30 a.m.--12:30 p.m. to assist area seniors in maintaining a nutritionally balanced diet and to provide opportunities to volunteer and socialize with their peers.

HEALTH SUPPORT ACTIVITIES:

The following classes are currently provided through a partnership with the Miami

Springs Adult & Community School and are instructed by Natasha Salmon-Cogno, Yoga Instructor and Personal Trainer:

Free CHAIR YOGA CLASSES are offered to local residents, age 60 and over, on Mondays and Wednesdays from 9:00--10:30 a.m. at the City's Senior Center. As enrollment is limited to 40 students, please call to see if there is space available for this class.

"LET'S DANCE" EXERCISE CLASSES, free to area seniors, are scheduled on Mondays and Wednesdays from 10:30--11:00 a.m. at the senior center facility. Pre-registration is required.

FLOOR YOGA CLASSES are offered free to seniors, age 60 and over, on Tuesdays and Thursdays from 9:30--11:00 a.m. at the Curtiss Mansion. A warm-up session using light weights is held from 9:00--9:30 a.m. Please contact the senior center to learn if there is space available in this class as enrollment is limited.

TRANSPORTATION: Daily pick up, utilizing the city's minibus, is provided to older residents with no means of transportation to and from the center. In addition, weekly trips are made to area grocery stores and assistance is given with shopping and carrying packages. Field trips to local stores, malls or other places of interest are scheduled each month.

RECREATION: Social and recreational events are planned each month at the senior center. Currently, the following activities are scheduled for January: weekly Bingo games (1/5, 1/12, 1/21 and 1/26); a rummage sale sponsored by the Miami Springs/Virginia Gardens Senior Citizens' Club (1/6); the monthly birthday & anniversary party (1/15); and a field trip to Wal-Mart (1/81/14).



The Hialeah Gardens Middle School Jazz Band, under the direction of Mr. Berman Lopez, entertained the Seniors with holiday favorites.

HEALTH SUPPORT & EDUCATIONAL PROGRAMS:

Educational presentations are scheduled each month through the sponsorship of numerous individuals, community service organizations and businesses. To date, the following topics are scheduled for January:

"POISON CONTROL" – Maritza Lopez from Catholic Hospice will present information on this topic scheduled for 1/20 at 12:15 p.m.; and

"CRIME WATCH" PROGRAM – Officers Jorge Capote and Janice Simon from the MSPD's Community Policing Office will conduct the monthly Crime Watch Meeting at the senior center on January 27th at 12:15 p.m.. They will provide information on recent local criminal activity and instruct attendees on how to avoid becoming a victim.

"SILVER SURFERS" – FREE Basic and Intermediate Level Computer and Internet training courses are offered at the senior center throughout the year. Sponsored by S.T.E.P.S. in the Right Direction, Inc. and the Alliance for Aging, Inc., these 5-week courses are offered in both English and Spanish. Classes meet on Tuesday mornings from 9:30--11:30 a.m., as scheduled. To learn more about upcoming courses and to register, call 305.805.5160.

For further information on any of the services, activities, or special programs offered, or to volunteer your time, talent or expertise, please contact us.

RECREATION
DEPARTMENT
Holiday Hours

The Community Center will be closing at 3 p.m. on Wednesday, December 24th and Wednesday, December 31st.

The Community Center will be closed on Thursday, December 25th and Thursday, January 1st.

Winter Break

Aquatic Center Schedule

Wednesday, 12/24/14:

10:30 a.m. – 5 p.m. (Holiday Hours)

Thursday, 12/25/14: Pool Closed

Wednesday, 12/31/14:

10:30 a.m. – 5 p.m. (Holiday Hours)

Thursday, 1/1/15: Pool Closed

Daily holiday hours for Winter Break

December 22, 2014 – January 4, 2015:

10:30 a.m. – 5 p.m.

THE POOL IS HEATED

Art in City Hall



Snowscape, Ana Maria Marafioti, oil on canvas

Members of the Hibiscus Fine Arts Guild will be displaying their favorite paintings of seasonal scenes during the annual "Winter Art Exhibit" throughout December and January in our City Hall lobby.

The Hibiscus Art Guild was organized over 40 years ago to foster art appreciation in our community. The Guild brings artists together to share techniques and to promote artistic creation. All artists are welcome, and they encourage interested local residents to join them. For information, please call 305.805.5010 or 305.888.8133.

You are cordially invited to view the art exhibit during the months of December and January, Monday through Friday, between the hours of 8:00 a.m. and 4:45 p.m.

If you live or work in Miami Springs and you have a special contribution you would like to make for a future exhibit, please contact Barbara Robinson in the City Manager's Office for information about exhibit requirements and scheduling. The telephone number is (305) 805-5010.



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POLICE DEPARTMENT
305.888.9711

Responsible Party Hosting Tips

Whether planning a small private gathering or a large charity event, party hosts are responsible for make sure the event is not only fun, but safe. The best way to do this is through careful planning. If you are serving alcoholic beverages at your party, here are some tips for having safe and enjoyable parties.

1. Serve plenty of snacks and other food, especially food like cheese and meats that stay in the stomach longer, slowing down the absorption of alcohol into the bloodstream. Although food causes alcohol to be digested more slowly, it has no effect on the pace alcohol leaves your system.
2. Provide a variety of popular soft drinks, juices, bottled water, coffee and tea.
3. Have one person (yourself or someone else) be responsible for serving alcohol.
4. Make certain that whoever serves alcohol monitors guests' consumption.
5. Control access to all alcohol.
6. Don't provide any common source of alcoholic beverages such as kegs or punch bowls.
7. Serve guests only one drink at a time.
8. Provide entertainment and other activities so that drinking alcohol is not the primary focus of the party.
9. Don't serve alcohol to anyone under the age of 21.
10. Model appropriate behavior and don't become intoxicated.
11. Stop serving alcoholic beverages at least one hour before the party ends. Encourage guests to stay for a while and enjoy a non-alcoholic beverage. Continue to serve food
12. If anyone does become intoxicated, don't leave that person alone. Even if the guest is not driving, an intoxicated person can be injured in many ways.
13. Don't let people drink and drive. It's the responsibility of everyone (especially the host of the party) to stop drinkers from driving. If necessary, take away the car keys, provide transportation for impaired guests. Call a cab, enlist the help of a sober friend, invite the guest to spend the night, or take the impaired guest home yourself.



14. Of critical importance, be careful who you invite. If you invite good friends who are mature social drinkers, you shouldn't have a problem throwing a safe and fun party. If you invite strangers or people who are not responsible around alcohol, you are opening the door for trouble.

Don't worry if any of your guests are non-drinking alcoholics in recovery. Here are some helpful hints.

1. Feel free to serve alcohol beverages at your party. The recovering alcoholic won't suddenly relapse if alcohol is available.
 2. If anyone declines a drink, accept that decision and don't ask why. There are plenty of reasons people say no to alcohol beverages, including preference, dieting, interactions with medications, and serving as designated driver, as well as being in recovery from alcoholism. There is no reason to differentiate one guest's reason for abstaining from another's.
 3. Put yourself in the mind of the non-drinker. Don't force drinks on your guests or rush to refill their glasses right away. Some guests may accept drinks they don't want in order to avoid appearing rude.
 4. Foods cooked with wine, brandy, and other spirits long enough to evaporate the alcohol are technically OK. Most, but not all recovering alcoholics feel comfortable eating them, so let guests know what's cooked with alcohol.
 5. If you include foods containing uncooked alcohol on your buffet clearly label them as such.
- Always be a responsible party host. Both you and your guests will be glad you are.

REMEMBER: Friends don't let friends drink and drive!

BUILDING & CODE COMPLIANCE DEPT.
305.805.5030



Seasons Greetings from the Building and Code Compliance Department

HOLIDAYS, A TIME TO SHOP LOCAL!

It's that time of the year again when we want to shop and enjoy special times with our friends and family. So, why go anywhere else and fight traffic in other adjoining cities, when we have all types of retail stores, restaurants, spas, jewelry stores, gyms, pharmacies and cell phone centers right here in Miami Springs? Our business owners are super friendly, helpful and most will know you by your name. We encourage our residents and visitors to support our local businesses and shop and play here in Beautiful Miami Springs.

We also want to ask our business owners and their employees to make parking easily accessible to our patrons by parking their vehicles at the rear public parking areas away

from the fronts of the businesses, since they're usually parked for many hours. This will encourage customers to have an easy access to your business.

The Building and Code Compliance Department wishes all our residents, business owners and patrons a very happy and safe Holiday Season.

Sec. 150-071. - NBD neighborhood business district.

Purpose. The purpose of the neighborhood business district (NBD) is to encourage commercial uses that accommodate the frequent retail and personal needs and desires of persons residing and/or working immediately adjacent to residential neighborhoods. It is intended to make conveniently available to residents those goods and services which need to be purchased very frequently during the week.

PARKS & RECREATION DEPT.
305.805.5075/76 1401 Westward Drive
Follow us on Twitter @miamispringsrec

FACILITY RENTAL:

The Multi-Purpose Room is available for rentals. The 10x10 Pavilions at Prince Field are available for rentals.

Contact the main office at the Community Center for availability & pricing. 305.805.5075

GYMNASIUM:

Open Gym Basketball Hours:

Monday – Friday: 12:00 p.m. – 3 p.m.: 18 & Over \$4. 3:00 pm – 5:30 p.m.: 17 & under ONLY, Free

Saturday: 7:00 a.m. – 8:30 p.m.: 17 & Under Free, 18 & Over \$4

Sunday: 9:00 a.m. – 7:00 p.m.: 17 & under Free 18 & over \$4

Open Gym Volleyball:

Friday Evening: 6:00 p.m. – 9:30 p.m.: 17 & under Free 18 & over \$4

Walking Club: Register Now! Members will be rewarded for miles completed. We'll not only walk on the Indoor Jogging/Walking Track in our Gymnasium, we'll also do different trails located throughout the Miami Springs area. For additional information, contact Caitlin Smith.

FITNESS:

Fitness Room & Jogging Track Hours: Monday – Friday 6:00 a.m. – 9:30 p.m., Saturday 7:00 a.m. – 8:30 p.m. & Sunday 9:00 a.m. – 7:00 p.m.

Fitness Room Memberships are NOW AVAILABLE:

- Adults: 18 & over \$150.00
- Senior: 60 & over \$75.00
- Youth: 13 – 17, \$150.00 (must be accompanied by a PARENT)
- Family of 2: \$188.00
- Family of 3: \$263.00
- Additional family members \$75.00*
- *Immediate Family Members ONLY

YOGA: YOGA is held Monday and Wednesday evenings from 7:15pm- 8:15pm and Saturday mornings at 8:45 a.m. The cost is \$95.00 for an 8 week session. The next YOGA registration will be held on Monday, January 5th at 6:00pm. For more information please call the Community Center.

We are now offering a Saturday drop in YOGA class. The cost per class is \$5.00 and starts at 8:45 a.m.

GET FIT PROGRAM: THIS IS A TWICE-WEEKLY PROGRAM WITH HIGHLY-EXPERIENCED COACHES / TRAINERS, TRAINING ATHLETES FOR TOP-NOTCH STRENGTH, FLEXIBILITY, SPEED, BALANCE, CARDIOVASCULAR AND RESPIRATORY ENDURANCE, CONDITIONING AND COORDINATION DESIGNED TO HELP KIDS REACH PEAK FITNESS AND PERFORMANCE!

This fitness program is for kids of all fitness levels and backgrounds between the ages of

11 – 15 years old. The Get Fit Program will be held on Tuesday & Thursday evenings and there will be one field trip on a Saturday per session.

The cost is \$50 per participant and SPACE is LIMITED.

Registration is ongoing at the Community Center.

AQUATICS:

The POOL is HEATED

Pool Hours: Monday – Friday: 3:00 p.m.- 8:00 p.m. Saturdays: 10:30 a.m.-5:00 p.m. Sundays: 10:30 a.m – 5 p.m.

Swimming Lessons: Please call the Pool for more information at 305.805.5078

Water Aerobics: Monday and Wednesday Evenings: 6:30p.m – 7:30p.m.

Cost: \$40.00 for 8 classes, per participant
Pool Memberships are NOW AVAILABLE:

- Adults: 18 & over \$80.00
- Child: 17 & under \$40.00
- Senior: 60 & over \$40.00

JAZZERCISE:

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt tone and lengthen muscles for maximum fat burn. Monday through Thursday: 6:00 p.m. Saturday: 10:00 a.m.

Jr. Jazzercise: is a fitness class for girls ages 5-11. The format combines dance and aerobics with group games & special activities to make the class fun and challenging.

Tuesday & Thursday: 5:15 p.m. – 6:15 p.m.
For information visit jazzercise.com or call 305.888.7625

SPECIAL EVENTS

SAVE THE DATE!

Daddy & Daughter Date Night will be held on Saturday, February 21st at the Miami Springs Golf & Country Club.

RESERVATIONS are REQUIRED & SPACE is LIMITED.

Beginning Monday, January 19th reservations will be accepted at the Miami Springs Community Center. Payment must be made at time of reservation. For more information please call the Community Center at 305.805.5075



Santa and the Rec Department elves (l to r) Mallory Rodriguez, Denise Bedenbaugh and Carolina Rodriguez

HUMAN RESOURCES DEPT. 305.805.5009

THE HUMAN RESOURCES DEPARTMENT EXTENDS ITS BEST WISHES FOR A HAPPY, SAFE AND HEALTHY HOLIDAY SEASON TO THE CITY OF MIAMI SPRINGS RESIDENTS, EMPLOYEES AND THEIR FAMILIES.

HAVE A GREAT YEAR 2015!

JANUARY BIRTHDAYS:

Happy Birthday and Best Wishes to the following City employees:



- | | | |
|------------------|------------------|------------------|
| Jonathan Kahn | James Pessolano | Charles Schubert |
| Suzie Hitaffer | Tammy Romero | Erika Gonzalez- |
| Thomas Nash | Antonio Pérez | Santamaria |
| Carlos Nuñez | José Berqueiro | |
| Castella Postell | Nelson Figueredo | |

Recognizing long term employees:

The following employees had their anniversary date in December

John Mulla	completed 24 years of service.
Angel Casas & James Patterson	completed 22 years of service.
Lourdes I. Taveras & Tulio J. Garcia Sr.	completed 12 years of service.
Jorge E. Irizarry, Shiketa Duberry, & Ramon A. Tamargo	completed 11 years of service.

Thank you for your loyal service to the City of Miami Springs.

JANUARY 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 NEW YEAR'S DAY! CITY HALL CLOSED!	2	3
4	5	6	7 CURBSIDE RECYCLING	8	9	10
11	12 CITY COUNCIL MEETING: 7:00 P.M.	13	14	15	16	17
18	19 MARTIN LUTHER KING DAY! CITY HALL CLOSED!	20 EDUCATION ADVISORY BOARD: 6:30 P.M.	21 CURBSIDE RECYCLING	22	23	24
25	26 CITY COUNCIL MEETING: 7:00 P.M.	27	28 HISTORIC PRESERVATION BOARD: 6:30 P.M.	29	30	31