

City of Miami Springs

News Bulletin



The City of Miami Springs pays for the News Bulletin

City Officials: Councilman Bob Best
 Mayor Xavier Garcia Councilwoman Grace Bain
 Vice-Mayor Jennifer Ator Councilwoman George Lob

201 Westward Drive, Miami Springs, FL 33166 • City Hall: 305.805.5000 • Police: 305.888.9711 • Water/Sewer Emergencies: 305.274.9272 • Fire & Rescue: 911

DECEMBER 2012

IMPORTANT CALENDAR DATES COUNCIL MEETINGS

MONDAY, DECEMBER 24, 2012

CITY COUNCIL MEETING
CANCELED!

TUESDAY, DECEMBER 25, 2012

CHRISTMAS DAY HOLIDAY
CITY HALL WILL BE CLOSED!

TUESDAY, JANUARY 1, 2013

NEW YEAR'S DAY HOLIDAY
CITY HALL WILL BE CLOSED!

MONDAY, JANUARY 14, 2013 – 7 P.M.

CITY COUNCIL REGULAR MEETING
CITY HALL COUNCIL CHAMBERS

MONDAY, JANUARY 28, 2013 – 7 P.M.

CITY COUNCIL REGULAR MEETING
CITY HALL COUNCIL CHAMBERS

CURBSIDE RECYCLING PICK-UP

Wednesday, December 26, 2012

Wednesday, January 9, 2013

Wednesday, January 23, 2013

SPOTLIGHT ON ... Solutions and Resolutions

The City of Miami Springs wishes all our residents a "greener" holiday. Once the big day has passed and all of the ornaments are safely packed away for next year, there are just a few things left to do. Be sure to keep the "3 R's" in mind as you clean up. First, recycle your Christmas tree! Just take it to the Home Chemical Collection site, 8831 NW 58th St, where they will chip it into mulch. Over 30 million "fresh-cut" trees are sold in the United States every year, and Christmas tree recycling helps turn a renewable resource back to the environment. Second, reuse any item that may be reused, or give it to a person or charity that can reuse it. Third, recycle whatever discards remain if you can, and only dispose of what you must.

Here in Miami Springs residents love to recycle! You might even call it "extreme" recycling. The "new" single-stream recycling program that started in 2009 is a rousing success. We are still, however, somewhat challenged in getting everyone to put the right materials in the cart the right way. A dashboard view shows carts with materials sticking up two feet above the lip of the cart with plastic bags and large boxes being the main culprit. When the automated arm lifts the cart to empty it much of this material falls to the ground.

Here are some solutions and New Year resolutions for "extreme" recycling challenges:

Overloaded cart:

- Break down corrugated boxes.
- Flatten boxes and plastic bottles (you can even replace the caps on the flattened plastic bottles).
- Call Miami-Dade County's Answer Center 3-1-1 and request to exchange your 65-gallon cart for a 95-gallon cart (at no charge).
- Order a second cart at a one-time charge of \$50.

Materials on the ground:

- Make sure the lid closes on the cart and don't overload.
- Make sure the cart is at the curb with both



wheels facing the house and the lid opening toward the street. When the cart opening is not facing the street, recyclables may not make it into the truck and fall on the ground.

Did you know plastic bags are not acceptable in the recycling program? They should not be placed in the cart because once the bags arrive at the recycling plant, they wrap around the equipment used to separate the materials. The recycling plant shuts down every two hours so workers can dig the bags out of the machinery! Simply empty the recyclable materials directly into the cart. Many grocery stores have recycling containers for plastic bags.

This is a list of materials that can be recycling in the program:

- Paper Products: newspapers, magazines, catalogs, telephone books, printer paper, copier paper, mail, all other office paper without wax liners
- Cardboard: packing boxes, cereal boxes, gift boxes, corrugated cardboard. Flatten all boxes prior to placing them in the container.

- Plastic Containers (narrow necks only): This includes bottles such as milk, water, detergent and shampoo (empty, flatten and replace the cap)

- Aseptic Containers: polycoated drink boxes, juice cartons, milk cartons and juice pouches

- Glass: glass food and beverage containers (clear, brown and green)

- Metals: aluminum and steel food and beverage containers

These are items that should not be placed in the cart:

- Garbage – Please do not put garbage in the recycling cart!

- Non-Recyclable Waste such as gas cylinders, tanks, rocks, dirt, building debris, flammables

- Batteries: dry cell batteries (A, AA, AAA, C and D) no longer contain mercury and can be placed in the garbage. Button batteries, rechargeable and lead cell batteries must go to the Home Chemical Collection Center (HCCC) located at 8831 NW 58th Street).

- Certain Glass Products: window or auto glass, light bulbs, mirrors, glass cookware or bakeware, ceramics

- Plastic Bags and non-narrow neck plastic items

- Styrofoam

- Home Chemicals: paint, pesticides (take to the HCCC)

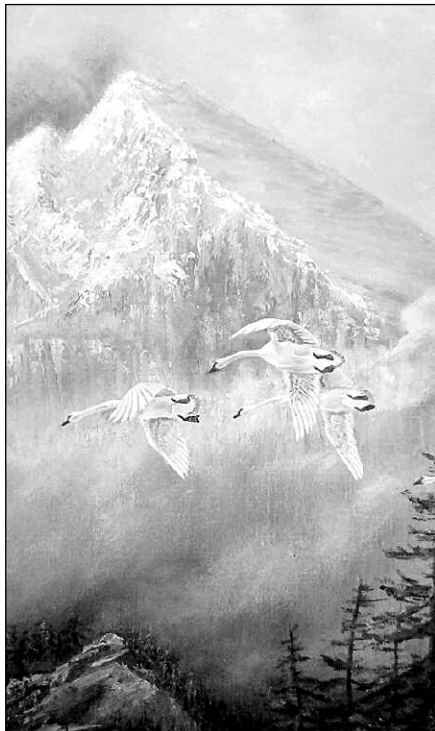
- Medical waste and Pharmaceuticals

- Electronic Waste and accessories: PCs, monitors, TVs, printer cartridges, keyboards, cell phones, (take to the HCCC)

- Other Non-Recyclables: coat hangers, small appliances, microwave trays

Being a wise recycler will be a great asset to the program in 2013! Countywide, nearly 63,000 tons of materials were collected during the past year. For questions about the program call 3-1-1 or go to the website www.miamidade.gov/publicworks.

Art in City Hall



Barbara Robinson, *Geese*, Oil on Canvas, 14" x 18"

Members of the Hibiscus Fine Arts Guild will be displaying their favorite paintings of fall and winter scenes during the annual "Holiday Art Exhibit" throughout December and January in our City Hall lobby.

You are cordially invited to view the art exhibit during the months of December and January, Monday through Friday, between the hours of 8:00 a.m. and 4:45 p.m.

If you live or work in Miami Springs and you have a special contribution you would like to make for a future exhibit, please contact Barbara Robinson in the City Manager's Office for information about exhibit requirements and scheduling. The telephone number is (305) 805-5010.

ELDERLY SERVICES DEPT.

305.805.5160 SENIOR CENTER,
343 PAYNE DRIVE

SENIOR CENTER NEWS

The Miami Springs Senior Center, located on Prince Field at 343 Payne Drive, offers a variety of activities and services to older residents every Monday through Friday from 9:00 a.m.--5:00 p.m. Current financial and programmatic support comes from: the City of Miami Springs; the Alliance for Aging, Inc. and the Florida Department of Elder Affairs; the Village of Virginia Gardens; the Miami Springs Adult & Community School; participant donations; local organizations, civic groups and countless volunteers. Residents of Miami Springs, age 60 and over, are eligible to participate in a variety of services and activities offered at the City's senior center.

CONGREGATE MEALS: Hot lunch meals are served weekdays from 11:30 a.m.--12:30 p.m. to assist area seniors in maintaining a nutritionally balanced diet and to provide opportunities to volunteer and socialize with their peers.

NUTRITION EDUCATION: Counseling and nutrition education programs are provided monthly by the program's consulting Registered Dietician and the Project Director.

HEALTH SUPPORT ACTIVITIES:

- **YOGA-STYLE CLASSES** are provided free to local residents, age 60 and over, through a partnership with the Miami Springs Adult & Community School, every Monday, Wednesday and Friday from 8:45–10:15 a.m. at the City's Community Center. Class size is limited and participants must complete senior center and school enrollment forms;

- **"GET IN SHAPE" EXERCISE CLASSES**, free to senior center participants, are provided every M-W-F from 10:15–11:00 a.m. at the City's Community Center with Instructor Natasha Salmon-Cogno, Certified Personal Trainer. Class size is limited and pre-registration is required;

- **Free CHAIR EXERCISE CLASSES** are provided every Monday, Wednesday and Friday from 11-11:30 a.m. with Instructor Elizabeth King;

- **Free CHAIR YOGA CLASSES** are offered for seniors on Tuesday and Thursday mornings from 9:30–11:00 a.m. at the Community Center. Class size is limited and students must pre-register at the Senior Center office;

- **Free LINE DANCING CLASSES** are offered every Thursday from 9:30–10:45 a.m. by Instructor Denise Gishler.



Joan Cavalier receives tips on using her smartphone at the Senior TechRALLY

TRANSPORTATION: Daily pick up, utilizing the city's mini-bus, is provided to older residents with no means of transportation to and from the center. In addition, weekly trips are made to a local grocery store and assistance is given with shopping and carrying packages. Field trips to area stores and other places of interest are planned each month.

RECREATION: Social and recreational activities planned for January include: Bingo games (1/2, 1/7, 1/14, 1/22 and 1/28); a Miami Springs/Virginia Gardens Senior Citizens' Club business meeting (1/8); a fundraising rummage sale (1/9); a field trip to Wal-Mart (1/11); and the monthly birthday and anniversary celebration (1/17).

HEALTH SUPPORT & EDUCATIONAL PROGRAMS: Health screenings and educational presentations are scheduled each month through the sponsorship of the Alliance for Aging's Health and Wellness Department and numerous and other community service organizations. A presentation on "Stress Management" is scheduled for 1/23 at 12 noon and a Crime Watch Program by the City's Community Policing Office is planned for 1/15. For further information on any of the services, activities, or special programs offered, please contact the Elderly Services Department office at (305) 805-5160.

POLICE DEPARTMENT
305.888.9711

Be a Responsible Host:

Know the Facts

The winter holidays are a time to enjoy the company of family, friends, and coworkers. Whether you are planning a dinner, informal gathering, or holiday party, your job as host is very important. Your many responsibilities include planning the menu or catering, organizing entertainment, and considering space arrangements. However, some of the most crucial details can be overlooked in all of the frenzy. Perhaps your most important responsibility as host for a party or gathering where alcohol is involved is to take steps to ensure your guests' safety both during and after the celebration.

Drinking and driving is an all too familiar and tragic combination. More people are on the road, and they also are consuming alcohol as a part of their holiday celebrations. Statistics have shown us how important it is to plan an event where non-alcoholic beverages and alternative transportation options are available.

Tips for Party Givers

- Avoid making alcohol the main focus of social events. Entertain guests with music, dancing, games, food, and lively conversation.
- Did you know that one in three adults prefers a non-alcoholic beverage? Make sure to offer plenty of non-alcoholic choices such as sparkling water, fancy juice drinks, soft drinks, and bottled drinking water.
- Provide guests with nutritious and appealing foods to slow the effects of alcohol. High protein and carbohydrate foods like cheese and meats are especially good. They stay in the stomach much longer, which slows the rate at which the body absorbs alcohol. Avoid salty foods, which encourage people to drink more.
- Require bartenders to measure the correct amount of liquor into drinks (no doubles), and instruct them not to serve anyone who appears to be impaired. Have the bartender check the ID of anyone who appears to be under the age of 30 (no ID, no alcohol). 21 means 21. Don't serve alcohol to anyone under the age of 21. If you do, or if your own child does at a holiday party for his



or her friends, you could be charged with serving a minor and be held liable if the young adult is in a car crash involving another vehicle or pedestrian.

- Stop serving drinks at least 1 hour before the end of the event. Instead, serve coffee, non-alcoholic beverages, and desserts at that time.
- Recruit people ahead of time who will not be drinking to help ensure that everyone has a safe ride home.

When the Party's Over

Your responsibility as a host is even more important at this point. Should any of your guests be unable to drive due to alcohol impairment, be sure to provide several options.

Be prepared to offer your guests alternate forms of transportation:

- Know what "safe ride" programs are available in your area.
 - Keep the phone numbers of several cab companies handy. Don't hesitate to call a cab to take home a guest who has imbibed a bit too much. As the host of a party, you could be held liable if one of your guests gets into a car accident on the way home after an evening of drinking at your party.
 - Ask someone who was not drinking to drive a guest home.
- If the above options are not available, you can offer your place to spend the night. If the person insists on driving despite his or her obvious intoxication, take the keys, ask for help from other guests, or temporarily disable the car. If all else fails, say you will call the police (and do so).

PARKS & RECREATION DEPT.
305.805.5075/76 1401 WESTWARD DRIVE

FACILITY RENTAL:

The Multi-Purpose Room is available for rentals. The 10 x 10 Pavilions at Prince Field are available for rentals. Contact the main office at the Community Center for availability & pricing. 305.805.5075

SCHOOL HOLIDAY PROGRAM

Registration is going on now for the School Holiday Program. The registration fee is \$35.00 unless registered for ASC; cost is \$20.00 per day. SHP is available for: Teachers' Work Days, Christmas Holiday & Spring Break from 7:00 a.m. - 6:00 p.m.

GYMNASIUM:

Open Gym Basketball Hours: Monday - Friday 2:45 p.m. - 5:30 p.m. 17 & under ONLY, Saturday 7:00 a.m. - 8:30 p.m. & Sunday 9:00 a.m. - 7:00 p.m. open play, 17 & under Free 18 & over \$4

Open Gym Volleyball: is offered every Friday night from 6:30 p.m. - 9:30 p.m. 18 & over \$4.00, 17 & under are free.

Walking Club: Register Now! Members will be rewarded for miles completed. We'll not only walk on the Indoor Jogging/Walking Track in our Gymnasium, we'll also do different trails located throughout the Miami Springs area and field trips. For additional information, contact Caitlin Smith.

FITNESS:

Fitness Room & Jogging Track Hours: Monday - Friday 6:00 a.m. - 9:30 p.m., Saturday 7:00 a.m. - 8:30 p.m. & Sunday 9:00 a.m. - 7:00 p.m.

Fitness Room Memberships are NOW AVAILABLE:

- Adults: 18 & over \$150.00
- Senior: 60 & over \$75.00
- Youth: 13 - 17, \$150.00 (must be accompanied by a PARENT)
- Family of 2: \$188.00
- Family of 3: \$263.00
- Additional family members \$75.00*
- *Immediate Family Members ONLY

Yoga: The yoga class is hosted by certified yoga teacher and personal trainer, Natasha Salmon Cogno. Yoga is held Monday and Wednesday evenings from 7:15 p.m.- 8:15 p.m. and Saturday mornings at 8:45 a.m. The next yoga registration will be on Monday, January 21st at the Miami Springs Community Center. The cost is \$95 for an 8 week session. Please call the Community Center for details.

We are now offering a Saturday drop-in yoga class. The cost per class is \$5.00 and starts at 8:45 a.m.

JAZZERCISE:

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles for maximum fat burn.

- Tuesday & Thursday Mornings: 9:00 a.m. - 10:00 a.m.
- Monday through Thursday: 6:00 p.m. - 7:00 p.m.



Storytime Guest Reader Councilwoman Grace Bain with young book lovers Jordan Palma and Evangeline Odin

Tuesday & Thursday: 7:05 p.m. - 8:00 p.m.
Saturday: 10:00 a.m.-11:00 a.m.

Jr. Jazzercise: Tuesday & Thursday: 5:00 p.m. - 6:00 p.m. For information visit jazzercise.com or call 305.888.7625

AQUATICS:

Pool Hours: Monday-Friday: Lap Swimming 11:00 a.m. - 1:00 p.m., Open Swim 3:00 p.m. - 8:00 p.m. Saturday: Open Swim 1:00 p.m. - 5:00 p.m.

Swimming Lessons: With certified American Red Cross Instructors, and an outstanding facility, the Miami Springs Aquatic Center welcomes all children, ages six months and up, to join our American Red Cross Learn-to-Swim program.

Sessions run every two weeks and swim classes are offered year round. Our prices are \$45.00 per session and we offer various types of classes.

Class Times: 6:00 p.m., 7:00 p.m.

Water Aerobics: Monday, Wednesday & Friday 11:30 a.m. - 12:30 p.m.

Tuesday & Thursday: 6:00 p.m. - 7:00 p.m.
Cost: \$40.00 for 8 classes, per participant

Pool Memberships are NOW AVAILABLE:

- Adults: 18 & over \$80.00
- Child: 17 & under \$40.00
- Senior: 60 & over \$40.00

SPECIAL EVENTS

The Parks and Recreation Department will be hosting Storytime, at the Miami Springs Community Center. Children and Parents will enjoy stories and activities that will encourage the JOY of reading. Storytime will be held on Thursday, December 20th, 11 a.m. - 12 p.m. for children ages 2 - 4. Storytime for January will be held on Thursday, January 17th, 11 a.m. - 12 p.m. for children ages 2 - 4.

SAVE THE DATE!

Daddy & Daughter Date Night will be held on Saturday, February 16th at the Miami Springs Golf & Country Club. RESERVATIONS are REQUIRED & SPACE is LIMITED. More details coming soon!

HUMAN RESOURCES DEPT. 305.805.5009

THE HUMAN RESOURCES DEPARTMENT EXTENDS ITS BEST WISHES FOR A HAPPY, SAFE AND HEALTHY HOLIDAY SEASON TO THE CITY OF MIAMI SPRINGS RESIDENTS, EMPLOYEES AND THEIR FAMILIES.

HAVE A GREAT YEAR 2013!

JANUARY BIRTHDAYS:

Happy Birthday and Best Wishes to the following City employees:



- | | | | |
|------|------------------|------|------------------|
| 1/2 | Jonathan Kahn | 1/13 | Tammy Romero |
| 1/3 | Suzie Hitaffer | 1/15 | Antonio Perez |
| 1/5 | Thomas Nash | 1/20 | Jose Bergueiro |
| 1/10 | Carlos Nuñez | | Nelson Figueredo |
| | Castella Postell | 1/30 | Charles Schubert |
| 1/12 | James Pessolano | | |

Recognizing long term employees:

The following employees had their anniversary date in December

- | | |
|--|--------------------------------|
| John Mulla | completed 22 years of service. |
| Angel Casas & James Patterson | completed 20 years of service. |
| Lourdes I. Taveras & Tulio J. Garcia Sr. | completed 10 years of service. |

Thank you for your loyal service to the City of Miami Springs.



Best wishes for the coming year from the Building and Code Compliance Department



Season's Greetings from the Finance Department

JANUARY 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 NEW YEAR'S DAY HOLIDAY. CITY HALL CLOSED!	2 ARCHITECTURAL REVIEW BOARD: 7:00 P.M.	3	4	5
6	7 BOARD OF ADJUSTMENT/ ZONING: 7:00 P.M.	8 RECREATION COMMISSION: 7:00 P.M.	9 GOLF & COUNTRY CLUB: 7:00 P.M. CURBSIDE RECY-	10 BOARD OF PARKS AND PARKWAYS: 7:00 P.M.	11	12
13	14 CITY COUNCIL MEETING: 7:00 P.M.	15 EDUCATION ADVISORY BOARD: 6:30 P.M.	16 REP. MARIO DIAZ- BALART OPEN HOUSE: 2:45 P.M.	17 HISTORIC PRESERVATION: 7:00 P.M.	18	19
20	21 REVITALIZATION & REDEVELOPMENT: 7:00 P.M.	22 ECOLOGY BOARD: 7:00 P.M.	23 CURBSIDE RECY- CLING	24 CODE REVIEW BOARD: 7:00 P.M.	25	26
27	28 CITY COUNCIL MEETING: 7:00 P.M.	29	30	31	CITY OF MIAMI SPRINGS	CITY CLERK'S OFFICE