

City of Miami Springs

The City of Miami Springs pays for the News Bulletin

City Officials: Mayor Billy Bain

Vice-Mayor Mara Zapata Councilman Bob Best City Manager William Alonso

201 Westward Drive , Miami Springs, FL 33166 • City Hall: 305.805.5000 • Police: 305.888.9711 • Water/Sewer Emergencies: 305.274.9272 • Fire & Rescue: 911

In the Spotlight.

Free CPR classes were held at Aquatic Center

Free courses in cardiopulmonary resuscitation, in short CPR, were given at the Miami Springs Aquatic Center multipurpose room, on Saturday, July 14, during the hours of 9 a.m., 10 a.m., and 11 a.m. This community CPR event was organized by Christopher Castro, resident and CPR/First Aid/OSHA Instructor for the United States Coast Guard Auxiliary for the sole purpose of providing residents with basic emergency life-saving procedures that are to be performed when the human heart stops beating. According to the American Heart Association, immediate CPR can double or triple the chances of survival after cardiac arrest.

Participants were able to perform adult and infant handsonly CPR on very realistic manikins, as they followed along with the instructor and training video. CPR training certificates were given to all participants at the end of each session.

Additionally, this event was fully supported by The American Heart Association, whom handed out literature at the event such as tips on how to stay healthy. There were also prize giveaways of inflatable manikins, so that the winners can pass on the knowledge on how to properly perform CPR.

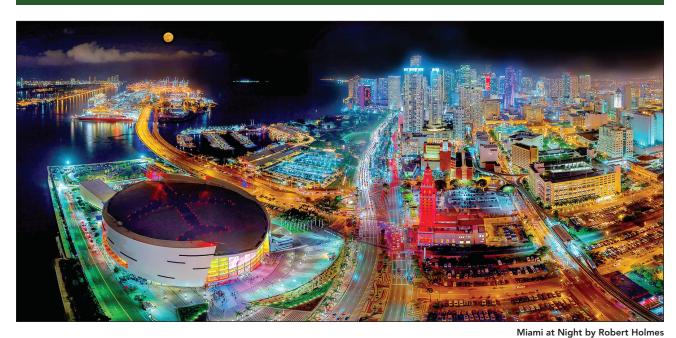






Aquatic Center's Annual Luau Party. Photo by Michael Gavila

Promises of ongoing classes is in the forecast. You can find the news video by visiting the City's YouTube Channel: Miami Springs-Government or by visiting: https://youtu.be/eLfCowNYZvA



ART IN MIAMI SPRINGS

Enjoy exciting new works of art in a variety of mediums at After ten years doing Portraiture, Wedding and Graduation the City of Miami Springs Gallery Space located in the lobby of City Hall @ 201 Westward Drive. All exhibitions are free and open to the public, Monday-Friday from 8am-4:45pm. During August & September, the Gallery will feature the photographs of local Artist, Robert Holmes.

Photography, Mr. Holmes discovered, his passion, Gigapan Photography. Gigapan Photography allowed him to take huge pictures with infinite detail. Mr. Holmes has spent countless hours on balconies and rooftops taking his Gigapan City Scape Panoramas. When he is not in the field taking pictures, he is at his computer processing and stitching them together to produce his awesome City Scape Panoramas. Mr. Holmes' work has been exhibited at ArtPalmBeach, ArtBocaRaton and numerous Art Fairs.

IMPORTANT **CALENDAR DATES**

City Council Meetings

City Council Regular Meetings

Monday, August 13, 2018 at 7:00 P.M. at City Hall Monday, August 27, 2018 at 7:00 P.M. at City Hall

City Council Workshop Meetings

Monday, August 7, 2018 at 6:00 P.M. at City Hall Monday, August 20, 2018 at 7:00 P.M. at City Hall

Special Dates **VOICE YOUR VIEWS!**

Congressman Diaz-Balart's Office Visits to City Hall

Every third Wednesday of every month: 11 A.M. to 12 P.M. • Wed., August 15 at City Hall Question & Answer session for residents!

SCHOOL BOARD OFFICE AT CITY HALL

School Board Member Susy Castillo's **Satellite Office Visits to City Hall**

Wed., August 1, 2018 – 9:00 A.M. to 3:00 P.M. Wed., August 22, 2018 - 9:00 A.M. to 3:00 P.M.

FREE NOTARY SERVICE

BMSTV77

Councilwoman Maria Puente Mitchell

JULY 2018

Councilman Jaime Petralanda

Police Chief Armando Guzman

Join us for the exhibition opening and meet the Artist on Monday, August 13 from 6:30-8:30pm. Mr. Holmes' work will be on view until September 28.

About Robert Holmes: Robert Holmes is a long time (61 Year) resident of Miami Springs and former founder and owner of Aero Systems, Inc. Upon retirement in 1994, Mr. Holmes and his wife moved to Marathon. After about six months of retirement, Mr. Holmes realized that he could not go fishing every day. Being an old workhorse, he needed something productive to do. The Holmes' returned to their home in Miami Springs and Mr. Holmes got deeply involved in his prior hobby, Photography, beginning a second career.

To see more images or to purchase a work, please visit www.RobertHolmesPhoto.com

This exhibition is made possible by the City of Miami Springs. If you are a local business that would like to sponsor an upcoming Artist reception or an Artist living or working in Miami Springs looking for exhibition opportunities, contact Tammy Key, Professional Services Specialist @ keyt@miamisprings-fl.gov

The Office of the City Clerk offers free notary services to residents of Miami Springs and Virginia Gardens with a valid ID. Monday - Friday, 8:00 a.m. - 4:45 p.m.

Recycling Dates

Wednesday, August 8, 2018 Wednesday, August 22, 2018



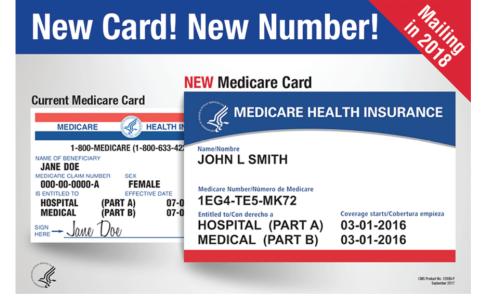


MSTV • Channel 77

SPECIAL PULL-OUT SECTION

POLICE DEPARTMENT

305.888.9711



New Medicare Cards are Coming

The new Medicare ID card, which has been redesigned to prevent fraud, no longer includes a Social Security number and displays a unique combination of 11 letters and numbers, rather than a beneficiary's social security number. It is still red, white and blue. The new Medicare Number is a unique combination of numbers and letters. The new number uses numbers 0 thru 9. The letters S, L, O, I, B, and Z are never used. Mailings of the new cards have started and Floridians will start to receive the new Medicare ID card soon. Beneficiaries should make sure their addresses are correct. If you need to make a change, contact the Social Security Administration, which will be preparing and mailing the cards, https://www.ssa.gov/myaccount/ or by calling 1-800-772-1213.

If you're on Medicare and waiting for your new card, you can sign up to receive an email telling you when the new ID is on its way at https://www.medicare.gov/newcard/

Once you get your new Medicare card, destroy your old Medicare card and start using your new card right away.

New members will receive the new card as soon as they sign up. The Medicare ID card, which has randomly assigned combination of numbers and letters has no connection to an enrollee's personal information.

Watch out for scams

The new Medicare cards are a step forward for fraud prevention, but con artist are working overtime on new ways to scam Medicare Members. Scammers are posing as Medicare representatives are already calling beneficiaries demanding a processing fee. There are no fees required to obtain the new card. Other fraudsters are telling beneficiaries that they are owed a refund from transactions on their old card and then asking for bank account information in order to process the reimbursement. Medicare will never ask an enrollee for a bank account number, and no refunds are owed.

Medicare will never call you uninvited and ask you to give personal or private information to get your new Medicare Number and card. Con artist may try to get personal information (like your current Medicare Number) by contacting you about your new card. If someone asks you for your information, for money, or threatens to cancel your health benefits if you don't share your personal information, hang up and call 1-800-MEDICARE (1-800-633-4227).

HUMAN RESOURCES DEPARTMENT

305.805.5009

CITY OF MIAMI SPRINGS CELEBRATES AUGUST BIRTHDAYS

August 01 Mayra Perez August 02 Loaine Mendoza August 02 Dainiel Mirabal August 02 August 03 Yanelkys Fuentes August 03 Mike Graham August 03 August 03 August 04 August 06 **Robert Barrios** August 07 Karla Rodriguez August 09 Matthew Faux August 09 **Crystal Anglin** August 09 Rafaela Vega August 11 Grace Blatch August 12 Erik Estok August 13 Matthew Perez August 17 Tammy Key August 17 **David Bente** August 17 August 17 Judd Zisquit August 18 Sandra Duarte August 20 Kimberly Dennis August 23 Shiketa Days August 24 Kayla Hernandez August 26 Eric Hefner August 26 August 27 **Misael Rodriguez** August 29 August 30 Jaime Petralanda

Senior Center **Police Department Police Department** Christopher Gonzalez Parks & Recreation **Finance Department** Public Works Department Malcolm Michelson **Building Department** Natasha Salmon-Cogno Senior Center Benjamin Guzman Jr. Parks & Recreation Police Department Parks & Recreation Parks & Recreation Police Department Senior Center Parks & Recreation **Police Department** Public Works Department Professional Serv.Dept. Police Department Anthony Thompson **Public Works Department** Senior Center **Building Department** Parks & Recreation **Police Department** Parks & Recreation Police Department Lilian Toledo-Ramos Senior Center **Building Department Christopher Weeks** Parks & Recreation **City Council**

Happy Birthday and Best Wishes!

CITY OF MIAMI SPRINGS RECOGNIZES THE FOLLOWING JULY EMPLOYMENT ANNIVERSARY:

• Jeffrey A. Collins completed 19 years of service.

• Theresa A. Michael completed 15 years of service.

Thank You For Your Loyal Service to the City of Miami Springs!



BUILDING & CODE COMPLIANCE DEPARTMENT

305.805.5030

GARBAGE, TRASH AND ALL THAT RUBBISH

Recently we have had many complaints from residents and Public Works sanitation Department regarding the placement of trash on the swales, of recyclable bins being left out on swale for days, and the placement of non-combustible materials in the trash pickup areas.

Properties with alley ways can place their trash behind their property if they don't obstruct the right-of-way for the City Vehicles. Recycling bins need to be brought into the property within 24 hours from pick up date. Construction materials, tires, concrete or other non-combustible materials will not be pickup by the Sanitation Department; there are special locations to be taken to in Miami Dade. Please call 311 for areas according to the materials to be disposed. Multi-Family buildings and commercial buildings can only place the trash 24 hours prior to the pickup date. In cases where copious amounts of trash will be placed, please call Public Works Department for special pickup. The City appreciates your cooperation with this important matter to keep our City looking beautiful.

• Sec. 93-05. - Garbage, garden trash, and rubbish; placement in receptacles for collection and removal; placement for pick-up and retrieval of containers.

• (D) Loose trash, including bagged materials, white goods, furniture, and any other non-containerized or containerized trash materials may not be placed for pick up by any multi-family residential or commercial site adjacent to any City street earlier than 24 hours prior to any scheduled pick up. Any receptacles used for the disposal of these materials must be retrieved and returned to the interior of the site within 24 hours of pick up.

Water Restrictions

• Watering is not allowed between 10 a.m. and 4 p.m.

• Hand-watering with one hose fitted with an automatic shut-off nozzle is allowed for 10 minutes per day for landscape stress relief and to prevent plant die-off.

• Restrictions apply to all users of any water resource within Miami-Dade County, whether from publicly or privately-owned water utility sewer systems, private wells or private connections to surface water bodies. Residents and businesses with an ODDnumbered street address (ending in 1, 3, 5, 7, 9): 4 p.m.) on their designated irrigation days. For the most efficient use of water, residents should avoid irrigating during both time periods on the same day.

To report a water restriction violation, visit the 3-1-1 submit a service request website and select Other under the All tab or call 3-1-1.

Some exceptions

Restrictions don't apply for car and boat washing, pressure cleaning of paved surfaces, decorative fountains and water-based recreation (e.g. swimming pools, water slides).

• (E) In addition to the provision of subsection (D) above, all recycling containers may not be placed for pick up by any multifamily residential or commercial site adjacent to any City street earlier than 24 hours prior to any scheduled pick up. All recycling containers must be retrieved and returned to the interior of the property site within 24 hours of pick up.

• (F) The provisions of subsections (D) and (E) above shall not be applicable to any pick ups performed in City alleys and in the single family residentially zoned districts of the City • Lawn watering is permitted on WEDNESDAYS and SATURDAYS from 4 p.m. to 10 a.m.

Residents and businesses with an EVENnumbered street address (ending in 0, 2, 4, 6, 8*), no street address, or who water both even and odd addresses within the same zones, including multi-family units and Homeowner Associations:

• Lawn watering is permitted on THURS-DAYS and SUNDAYS from 4 p.m. to 10 a.m.

Residents should choose from one of two "watering windows" (before 10 a.m. or after Users of 100 percent reclaimed water are exempt from restrictions, but encouraged to conserve water.

Low-volume irrigation, including the use of drop and micro jet systems that apply water directly to plant root zones, is not restricted but is encouraged to be reduced.

Newly-planted gardens and landscaping. New landscaping can be watered during the corresponding hours listed above every day, except Fridays, for the first 90 days it is installed. Save the receipt with the date of purchase. When unable to water during specific hours, call 3-1-1.

SPECIAL PULL-OUT SECTION

You Tube Subscribe to our YouTube Channel: **City of Miami Springs – Government** Visit our web site: www.miamisprings-fl.gov





MIAMI PARKS & RECREATION DEPARTMEN

305.805.5075 • Follow us on Twitter @miamispringsrec

The Parks and Recreation Department serves as a community resource for all of the sports, recreational, and cultural activities in the city, including cooperative relationships with all local groups. The Department is composed of two main buildings and three fields: The Community Center and The Aquatic Center, and Prince Field, Stafford Park, and Peavy Dove Field, to provide opportunities for residents to improve their social, mental, and physical well-being through participation. Below you will find the times and dates for these programs and special events.



We're having so much fun this summer; it's hard to believe we're already half way through it!!

Operating Hours

Monday - Friday: 6:00 a.m. - 9:30 p.m.

Saturday: 7:00 a.m. – 8:30 p.m. • Sunday: 9:00 a.m. – 7:00 p.m.

Contact Information: Miami Springs Community Center: 1401 Westward Dr. Miami Springs, FL 33166 www.MiamiSprings-fl.gov/ParksAndRecreation • 305.805.5075

Sunday:

9:00 a.m. – 7:00 p.m.:

6:00 p.m. – 9:30 p.m.:

Friday Evening:

17 & under - Free; 18 & over - \$4

17 & under - Free; 18 & over - \$4

Fitness Room Memberships

Adults: 18 yrs. & Over \$150.00

Senior: 60 yrs. & Over \$75.00

accompanied by a PARENT)

Additional family members \$75.00*

Immediate Family Members ONLY*

Friday, 9:00 a.m. - 12:00 p.m.

Use of the Fitness Room is FREE Monday -

Family of 2: \$188.00

Family of 3: \$263.00

Seniors 60 & Over

Youth: 13 yrs. - 17 yrs., \$150.00 (must be

OPEN GYM VOLLEYBALL:

OPEN GYM BASKETBALL HOURS:

.

Monday – Friday 12:00 p.m. - 5:00 p.m.: 18 & Over - \$4 Monday - Thursday Evenings: 6:00 p.m. - 9:30 p.m. 18 & Over - \$4 Saturday: 7:00 a.m. – 8:30 p.m.: 17 & Under - Free; 18 & Over - \$4

FACILITY RENTALS

• The Multi-Purpose Room is available for rental

• The 10x10 Pavilions at Prince Field are available for rental

• The 20x20 Pavilion at Stafford Park is available for rental

For More Information Contact: The Miami Springs Community Center at 305.805.5075

http://www.miamisprings-fl.gov/parksandrecreation

Jazzercise & Jr. Jazzercise: Visit www.jazzercise.com or call 305.888.7625

For Information on Athletics & Fitness Programs

(Basketball, Volleyball, Fitness Room, Jogging Track) Visit: www.miamisprings-fl.gov/parksandrecreation



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Saturday

Open Swim:

Operating Hours

Monday-Friday Lap Swim: 8:00 a.m. - 12:00 p.m. **Open Swim:**

1:00 p.m. – 8:00 p.m.

11:00 a.m. – 7:00 p.m. WEATHER PERMITTING

Contact Information:

Miami Springs Aquatic Center • 1401 Westward Dr. • Miami Springs, FL. 33166 305-805-5078 • www.MiamiSprings-fl.gov/

Water Aerobics

Water Aerobics is an exercise that is fun for all! It employs the resistance and buoyancy of water to condition your muscles while improving strength, flexibility and cardiovascular fitness.

Summer Class Times: Mondays & Wednesdays: 10:30-11:30 a.m. Tuesdays & Thursdays: 6:15-7:15 p.m. Fall/Winter Class Times: Mondays & Wednesdays: 10:30-11:30 a.m. Tuesdays & Thursdays: 6 -7 p.m.

8 Classes

*Classes can be completed at your leisure,

\$50

\$60

16 Classes

\$80

\$100

Sunday **Open Swim:**

12:00 p.m. – 6:00 p.m.

Taught in our heated pool, this course is ideal for:

- Swimmers & non-swimmers alike
- Losing or maintaining weight
- Low impact exercise
- Sufferers of arthritis Socialization

POOL AREA RENTALS

The Miami Springs Aquatic Facility offers public and private rentals for residents & non-residents.

- The Multi-Purpose room is available for rental
- 12x12 umbrella rental or 16x16 shaded areas

For More Information Contact: The Miami Springs Aquatic Center at 305.805.5078 http://www.miamispringsfl.gov/parksandrecreation/aquatic-facilityrental-information

POOL MEMBERSHIPS:

and do not expire until used

Residents

Resident

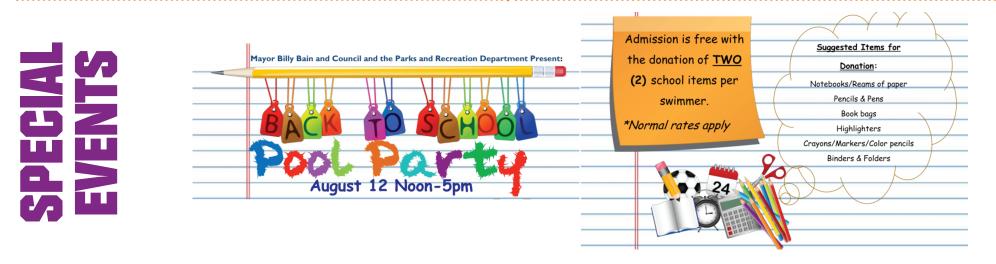
Non-Resident

Adults: 18 & over \$90.00 Senior: 60 & over \$50.00 Youth: 17 & under \$50.00 Family of 4: \$250.00 **Non-Residents** Adults: 18 & over \$150.00 Child: 17 & under \$100.00 Senior: 60 & over \$100.00 Family of 4: \$350.00 Seniors 60 & Over FREE: Monday - Friday, 9:00a.m. - 12:00p.m

For Information on Aquatic Programs

(Swimming Lessons, Swim Fit, and Water Aerobics)

Visit: www.miamisprings-fl.gov/parksandrecreatior







SPECIAL PULL-OUT SECTION

ELDERLY SERVICES DEPARTMENT 305.805.5160

The Miami Springs Senior Center offers a variety of FREE activities and services to older residents of Miami Springs and Virginia Gardens, age 60 and over. Current financial and programmatic support comes from: the City of Miami Springs, the Alliance for Aging, Inc., the Florida Department of Elder Affairs, the Village of Virginia Gardens, Mount Sinai Medical Center, participant donations, local business organizations, medical doctors, civic groups and countless volunteers.

CONGREGATE MEALS:

Hot lunch meals are served weekdays from 11:30 a.m.-12:30 p.m. to assist area seniors in maintaining a nutritionally balanced diet and to provide opportunities to volunteer and socialize with their peers.

TRANSPORTATION:

Daily pick up, utilizing the Hialeah-MS Rotary Charitable Foundation bus, is provided to older residents with no means of transportation to and from the center.

• Weekly trips to grocery stores, assistance with shopping and carrying packages is provided.

• Field trips to malls and other places of interest are scheduled each month.

• Trips currently scheduled for August: Walmart (8/2), Publix (8/9 & 8/30). Fresco y Mas (8/17) and Sabor (8/23).

RECREATION ACTIVITIES:

Recreational and social events are planned each month at the senior center. The following activities are currently planned for August: celebration of August birthdays and anniversaries (8/16); weekly Bingo games (8/6, 8/13, 8/20 and 8/27); and shopping trips to Walmart, and various grocery stores each week. Additional recreational activities



Miami-Dade Commissioner Rebeca Sosa presents a \$1 million check to be used in the construction of a new Senior Center.

are in the planning stages and should be announced shortly.

HEALTH SUPPORT PROGRAMS AND EDUCATIONAL PROGRAMS:

• Educational presentations are scheduled each month through the sponsorship of numerous individuals, community service organizations, businesses, and medical facilities. New programs and lectures are being planned and will be announced as finalized. The following topics have been scheduled for August, as of this writing:

• "CPR Awareness" - On August 7th at 12:15 p.m., Christopher Castro, from First Response Training Academy, will present valuable information on what Cardiopulmonary Resuscitation is and what the current recommendations are for performing it today to save someone's life.

• Miami-Dade Public Library System's TECHNOBUS -- The library's mobile technology innovation lab will visit the senior center on 14th and 28th from 10:00—11:30 a.m. The bus brings digital services and devices directly to the senior center and provides residents with instruction and activities on how to use smart phones, laptops, iPads, Mac-Book Airs, and Microsoft Surface Pro tablets,

Those interested in learning more

about technology are encouraged to stop by and visit.

• "Library Happenings" – A representative of the Miami Springs Branch Library, will present information about library services and upcoming events on August 14th at 12:15 p.m.

• "Crime Watch" Program -- Officers Jorge Capote and Janice Simon, from the MSPD's Community Policing Office, will facilitate the monthly crime watch meeting at the senior center on August 21st at 12:15 p.m. The Officers will inform attendees about current crimes being committed in the City, solicit observations and questions from the participants, and provide tips on how to avoid becoming a victim.

For more information on any of the services, activities, or special programs offered, or to volunteer your time, talent or expertise, please contact us at (305) 805.5160.

HEALTH SUPPORT ACTIVITIES

The following Health Support activities require registration, and are offered to seniors enrolled in the Miami Springs Senior Center activities.

CHAIR YOGA & HANDWEIGHT EXCERSISES

Mondays & Wednesdays from 9:00 - 10:30 a.m. Instructor: Natasha Salmon-Cogno Classes meet at the Senior Center.

FLOOR YOGA CLASSES

Tuesdays & Thursdays from 9:00 - 11:00 a.m. Instructor: Natasha Salmon-Cogno Classes meet at the Curtiss Mansion.

TAI CHI for ARTHRITIS

Tuesdays & Thursdays from 12:30—1:30 p.m. Instructor: Judd Zisquit Classes meet at the Aquatic Center. "LET'S DANCE" EXERCISE CLASSES

Mondays & Wednesdays from 10:30 - 11:00 a.m. Instructor: Natasha Salmon-Cogno Classes meet at Senior Center.

CHAIR EXERCISE CLASSES

Tuesdays & Thursdays from 10:30 —11:00 a.m. Instructor: Elizabeth King Classes meet at Senior Center.

"CELEBRATION WORKOUT"

Fridays from 9:00 a.m.—11:00 a.m. Instructor: Natasha Salmon-Cogno Class meets at the Senior Center.

AUGUST 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7 CITY COUNCIL WORKSHOP MEETING 6:00PM	8 CURBSIDE RECYCLING	9	10	11
12 BACK TO SCHOOL POOL PARTY @AQUATIC CENTER 12PM-5PM	3 CITY COUNCIL MEETING 7:00PM	14 CODE COMPLI- ANCE BD: 7:00 PM	15 HIST. PRES. BD: 7:00 PM	16	17	18
19	20 CITY COUNCIL WORKSHOP MEETING 6:00PM	21	22 CURBSIDE RECYCLING	23	24	25
26	27 CITY COUNCIL MEETING 7:00PM	28	29	30 CODE REVIEW BD: 7:00 PM	31	

