

City of Miami Springs

News Bulletin



The City of Miami Springs pays for the News Bulletin

City Officials:
Mayor Xavier Garcia
Vice-Mayor Georgel Lob

Councilman Michael Windrem
Councilman Billy Bain
Councilman Jaime Petralanda

201 Westward Drive, Miami Springs, FL 33166 • City Hall: 305.805.5000 • Police: 305.888.9711 • Water/Sewer Emergencies: 305.274.9272 • Fire & Rescue: 911

JUNE 2014

IMPORTANT CALENDAR DATES

JULY IS VACATION TIME FOR COUNCIL

The month of July each year is traditionally "vacation time" for the City Council and all advisory boards. No regular meetings are scheduled for either the Council or its advisory boards during this month, though they may meet if necessary and notice would be posted on the City website and the bulletin board at City Hall should this be the case. During the "quiet time" of July, the City Manager, Department Heads and Staff are busy with budget preparations for the upcoming fiscal year.

The only scheduled meeting will be held on:

THURSDAY, JULY 24, 2014 • 5:01 P.M.
CITY COUNCIL SPECIAL MEETING

RECYCLING:

WEDNESDAY, JULY 9TH
WEDNESDAY, JULY 23RD

Voice your views!

U.S. Congresswoman

Ileana Ros-Lehtinen's Outreach Program: Ms. Lourdes Ruiz from Congresswoman Ileana Ros-Lehtinen's office will be available in the Council Chambers in City Hall every Tuesday from 10 a.m. to 1 p.m. Citizens may contact her at 305.934.9441 or Lourdes.ruiz@mail.house.gov.

SPOTLIGHT ON ... Litter

Our Public Works Department reports that there has been an increase in daily litter here in Miami Springs, especially near locations with carry-out food and beverages. No one likes to see litter on our streets, in our parks or around the Circle. It's not just unsightly – it costs taxpayers' money to clear, and it can block drains and cause flooding. Litter washes down the street during a rain shower, going into the storm sewer. And it stays there a long time: cigarette butts and paper cups can take 25 years to biodegrade; Styrofoam cups, 50 years; and a glass bottle will take 1,000 years. Litter also can cause environmental issues and be a hazard for our ducks and other wildlife.

We are proud of living in "Beautiful Miami Springs", and we need everyone to cooperate to keep it that way. Make sure your trash (including cigarette butts) is securely placed in the proper receptacle when you're in our public areas. A trash bin or recycling bin is probably just a few steps away! When you see litter, pick it up and throw it away. Let's make Miami Springs a "No Litter Zone".

This is by way of a reminder to the respon-



A sight becoming all too common in Miami Springs.

sible residents who just don't realize what they're doing sometimes. Every great journey starts with one small step, right? Besides, picking up a piece of litter burns 1 1/2 calories!



Follow us on Twitter: @MiamiSpringsFL

ELDERLY SERVICES DEPT.
305.805.5160 SENIOR CENTER,
343 PAYNE DRIVE

SENIOR CENTER NEWS

The Miami Springs Senior Center, located on Prince Field at 343 Payne Drive, offers a variety of activities and services to older residents every Monday through Friday from 9:00 a.m.--5:00 p.m. Current financial and programmatic support comes from: the City of Miami Springs; the Alliance for Aging, Inc. and the Florida Department of Elder Affairs; the Village of Virginia Gardens; the Miami Springs Adult & Community School; participant donations; local business organizations, civic groups and countless volunteers. Residents of Miami Springs, age 60 and over, are eligible to participate in a variety of services and activities offered at the City's senior center.

CONGREGATE MEALS: Hot lunch meals are served weekdays from 11:30 a.m.--12:30 p.m. to assist area seniors in maintaining a nutritionally balanced diet and to provide opportunities to volunteer and socialize with their peers.

NUTRITION EDUCATION: Counseling and nutrition education programs are provided monthly by the program's consulting Registered Dietician or the Project Director.

HEALTH SUPPORT ACTIVITIES:

The following classes are provided by the City of Miami Springs during the summer months and instructed by Natasha Salmon-Cogno, Personal Trainer and Certified Yoga Instructor:

- **CHAIR YOGA CLASSES** are offered free to local residents, age 60 and over, on Mondays and Wednesdays from 9:00–10:30 a.m. at the City's Senior Center. Enrollment is limited to 40 and new participants must complete senior center enrollment forms.

- **"LET'S DANCE" EXERCISE CLASSES**, free to Miami Springs' seniors, are scheduled on Mondays and Wednesdays, from 10:30–11:00 a.m., at the senior center facility. Pre-registration is required.

- **Free WEIGHT TRAINING CLASSES** meet on Tuesdays and Thursdays from 9:00–9:30 a.m. at the Curtiss Mansion. Pre-registration at the senior center is required.

- **FLOOR YOGA CLASSES** are offered free to residents of Miami Springs, age 60 and over, on Tuesdays and Thursdays from 9:30–11:00 a.m. at the Curtiss Mansion. New students must pre-register at the senior center.

- **Free "CELEBRATION WORKOUT" classes**, designed to work on memory and physical fitness, are held every Friday morning from 9:30–11:00 a.m. at the City's Senior Center.

TRANSPORTATION: Daily pick up, utilizing the city's mini-bus, is provided to older residents with no means of transportation to and from the center. In addition, weekly trips are made to area grocery stores and assistance is given with shopping and carrying packages. Field trips to local stores, malls or other places of interest are scheduled each month.

RECREATION: Social and recreational events planned at the senior center for July include: Line Dancing, instructed by local resident Denise Gishler, on Thursday mornings at 9:30 a.m.; a weekly Art Class on Fridays at 12:30 p.m., instructed by Berta Montes;



State Representative Eddy Gonzalez (l), Councilmen Petralanda and Windrem, City Manager Gorland, Mayor Garcia and Miami-Dade County Mayor Carlos Gimenez (r) visited our Senior Center to discuss County services available to older residents

weekly Bingo games (7/7, 7/14, 7/21 and 7/28); a Miami Springs/Virginia Gardens Senior Citizens' Club business meeting (7/1); the monthly birthday & anniversary party (7/17); participation by the center's King and Queen in this year's Independence Day Parade (7/4); and a field trip to Wal-Mart (7/24).

HEALTH SUPPORT & EDUCATIONAL PROGRAMS: Educational presentations are scheduled each month through the sponsorship of numerous individuals, community service organizations and businesses. To date, the following topics are scheduled for July:

- **"HEAT RELATED ILLNESSES and FIRST AID"** -- On July 16th at 12:15 p.m., representatives from Leon Medical Center will provide valuable information on heat stroke, heat exhaustion, and heat cramps.

- **"CRIME WATCH" PROGRAM** – Officers Jorge Capote and Janice Simon, from the MSPD's Community Policing Office, will conduct the monthly Crime Watch Meeting at the senior center on July 29th at 12:15 p.m.. They will provide information on local criminal activity and how to avoid becoming a victim.

- **"ESTATE PLANNING"** – Learn the "dos and don'ts" of probate and estate planning by attending a seminar offered by Attorney Mary C. Gomez on July 30th at 12:15 p.m. "Do not allow the complexity of the law or its attending pitfalls keep you from providing peace of mind for you and your family. Estate planning is an effective tool and it is within your reach. Do not allow the government to make the decision for you."

- **"SILVER SURFERS"** – FREE Basic and Intermediate Level Computer and Internet training courses are offered at the senior center throughout the year. Sponsored by S.T.E.P.S. in the Right Direction, Inc. and the Alliance for Aging, Inc., these 5-week courses are offered in both English and Spanish. Classes typically meet on Tuesdays. To learn more about upcoming scheduled classes and to register, call 305.805.5160.

For further information on any of the services, activities, or special programs offered, or to volunteer your time, talent or expertise, please contact the Elderly Services Department office at (305) 805-5160.

Art in City Hall



Cypress by Joan Cavalier, oil on canvas, 16" x 20"

The City of Miami Springs "Art in City Hall" exhibit showcasing the most recent oil paintings of members of the Hibiscus Fine Arts Guild, will continue through the end of July. You will be able to view the work by these local artists between the hours of 8:00 a.m. and 4:45 p.m.

The Hibiscus Art Guild was organized over 40 years ago to foster art appreciation in our community. The Guild brings artists together to share techniques and to promote artistic creation. All artists are welcome, and they encourage interested local residents to join the. For information, please call 305.887.3042 or 305.888.8133.

If you live or work in Miami Springs and feel you have a special contribution to make for a future exhibit, please contact Barbara Robinson in the City Manager's Office for information about exhibit requirements and scheduling. The telephone number is (305) 805-5010.

POLICE DEPARTMENT
305.888.9711

Defending your Home Against Burglaries

The Miami Springs Police Department would like to offer the following tips to help protect your home against burglaries.

- Remember to always lock your homes and vehicles at all times, whether you are home or not. Residents become complacent and leave the doors unlocked and unattended while in other areas of the homes and yards. It only takes a moment for an intruder to get into unlocked homes or vehicles.
- Don't hide house keys anywhere outside. Instead, leave a spare with a trusty neighbor or a family member/friend who lives nearby for safekeeping.
- Keep valuables outside the bedroom. A burglar on the hunt for valuables in a home will make the master bedroom his first stop, because that's where the cash and jewelry are most commonly stored. So if you do keep such valuables on your property, find another room to store them in.
- Remove or prune bushes that hide windows and doors. Plant thorny bushes under windows, they can help to keep intruders away.
- Outdoor Lighting can be a great deterrent. Light up the outside areas where intruders might hide, such as entrances, garage doors, pathways, stairwells, alleys and parking areas with motion sensor floodlights or photoelectric lights that turn on automatically at dusk and off at dusk. Make sure that your light fixtures aren't in a spot where it's easily reached to remove or break the bulb.
- Be sure that outside doors are solid metal or hardwood. Frames and hardware must also be strong. Whenever possible, use heavy duty deadbolt locks. Install security hinges with hinge studs. Doors should open outward. Whenever possible install a wide-angle peephole in the door, and tell children never to open the door to strangers.
- Secure sliding glass doors by placing a broomstick or steel rod in the track. You can also drill a hole through the upper part of the slider and track. Then insert a sturdy nail, bolt or screw, be sure you can remove it easily.

- Check windows to make sure your windows close properly and are locked. Inspect windows to be sure they are firmly attached to the window frame. No lock? You can stick a pin or nail into the window frame to stop the window from moving more than a few inches. If you have wooden window frames, you can drive a screw into the top of the frame so it protrudes about a quarter-inch. It won't interfere with your window opening, but it will keep someone from lifting the window out of its track to get inside. Also remember to check window air conditioning units. If you can "jimmy" the window up from the outside, add a stopper to that frame.



- Lock your garage doors. If your garage is attached to your home, keep interior garage doors locked. Install a peephole in the door separating the house from the garage.
 - While you're away from your home for an extended period of time, make your home look occupied. Timers can be used to turn some lights on and off, as well as radios or TV. Turn the telephone ringer down to "low" or "off" so a burglar won't hear the phone ringing and realize no one is home.
 - The best thing you can do is free; get to know your neighbors. They know you and your patterns; they're more likely to spot something going on.
 - If leaving for an extended period of time, ask a neighbor or family to collect your mail and newspapers daily. Or contact the post office and newspaper service to stop delivery while you're away. Also remember to make arrangements to have the lawn cut so there are no overgrown lawns. If possible ask them to move the car periodically to make it look like you're still around.
- Residents can take steps to help prevent each other from becoming victims. Please help us help you by becoming an extension of our eyes and ears. If a car is parked and occupied, if something or someone looks out of place, or suspicious call the Miami Springs Police Department at 305-888-9711, the police department is open 7 days a week, 24 hours a day. We will always be happy to respond. It's better to prevent than to lament.

www.miamisprings-fl.gov

BUILDING & CODE COMPLIANCE DEPT.
305.805.5030

CODE SWEEP

The City Code Compliance Department tries to routinely sweep the City for various Code violations. These sweeps constitute a drive through every street in the City checking for specific Code violations.

During the month of July we will be checking for violations of the Recreational Vehicle Code. As a preparation for hurricane season, we will also be looking for excessive storage of material in back yards. Please remember the following regarding Recreational Vehicles:

- No Recreational Vehicles may be parked in front yard setbacks or on any City property (swales, medians, parkways, etc.).
- Recreational Vehicles may only be parked in side setbacks if a variance has been granted from the City.
- Recreational Vehicles parked in the rear setback must not be parked any closer than three feet from any property line.
- There is no "staging" provision in the Code. Recreational Vehicles parked for any length of time in prohibited areas are considered a violation and may be ticketed.
- Trailers are classified as Recreational Vehicles unless they are for commercial use,

in which case they are prohibited from being parked for longer than two hours in any residential zone.

During the month of August we will be checking for violations of the Maintenance of property code, specifically houses that need painting or cleaning. The Code states:

- Section 93-13 E
- It shall be unlawful for any owner or occupant of property within the City to maintain said property in a condition that is detrimental to the public health, safety and general welfare by permitting said property:
- (1) To be in a state of general disrepair or deteriorated condition.
 - (2) To have excessive scaling of paint or other protective coating, or the accumulation of excessive mildew or rust to the exterior of any building or structure, its roof, roof fascia, awnings, shutters or other exterior attachments to the building or structure.
 - (3) To remain without proper painting or other protective coatings applied to the exterior or roof fascia of any building or structure.

We will be looking for any houses that need paint, repairs, etc. Courtesy Notices will be issued to those in need and a thirty day period allowed to fix the violation.

PARKS & RECREATION DEPT.
305.805.5075/76 1401 WESTWARD DRIVE
FOLLOW US ON TWITTER @MIAMISPRINGSREC

FACILITY RENTAL:

The Multi-Purpose Room is available for rentals. The 10x10 Pavilions at Prince Field are available for rentals. Contact the main office at the Community Center for availability & pricing. 305.805.5075

GYMNASIUM:

Open Gym Basketball Hours: Monday & Tuesday 6:00 p.m. – 9:30 p.m., Saturday 7:00 a.m. - 8:30 p.m. & Sunday 9:00 a.m. -7:00 p.m. open play, 17 & under Free 18 & over \$4

Open Gym Volleyball: is offered every Friday night from 6:30 p.m. – 9:30 p.m. 18 & over \$4.00, 17 & under are free.

Walking Club: Register Now! Members will be rewarded for miles completed. We'll not only walk on the Indoor Jogging/Walking Track in our Gymnasium, we'll also do different trails located throughout the Miami Springs area. For additional information, contact Caitlin Smith.

FITNESS:

Fitness Room & Jogging Track Hours: Monday – Friday 6:00 a.m. – 9:30 p.m., Saturday 7:00 a.m. – 8:30 p.m. & Sunday 9:00 a.m. – 7:00 p.m.

Fitness Room Memberships are NOW AVAILABLE:

Adults: 18 & over \$150.00
Senior: 60 & over \$75.00
Youth: 13 – 17, \$150.00 (must be accompanied by a PARENT)
Family of 2: \$188.00
Family of 3: \$263.00
Additional family members \$75.00*
*Immediate Family Members ONLY

YOGA: YOGA is held Monday and Wednesday evenings from 7:15 p.m.- 8:15 p.m. and Saturday mornings at 8:45 a.m. The cost is \$95.00 for an 8 week session.

We are now offering a Saturday drop in YOGA class. The cost per class is \$5.00 and starts at 8:45 a.m.

JAZZERCISE:

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt tone and lengthen muscles for maximum fat burn.

Monday through Thursday: 6:00 p.m.
Saturday: 10:00 a.m.

Jr. Jazzercise: is a fitness class for girls ages 5-11. The format combines dance and aerobics with group games & special activities to make the class fun and challenging.

Tuesday & Thursday: 5:00 p.m.
For information visit jazzercise.com or call 305-888-7625

AQUATICS:

Pool Hours: Monday-Friday: Lap Swimming 11:00 a.m. – 1:00 p.m., Open Swim 1:00 p.m. – 8:00 p.m.

Saturday: Open Swim 1:00 p.m. – 5:00 p.m. Sunday: 1:00p.m. – 5:00 p.m., weather permitting

Swimming Lessons: With certified



Seven and eight year old campers enjoying their first field trip of Rec Summer Camp at Bird Bowl.

American Red Cross Instructors, and an outstanding facility, the Miami Springs Aquatic Center welcomes all children, ages six months and up, to join our American Red Cross Learn-to-Swim program.

Sessions run every two weeks and swim classes are offered year round. Our prices are \$45.00 per session and we offer various types of classes.

Class Times: Morning Classes: 9:00 a.m., 10:00 a.m., 11:00 a.m.

Evening Classes: 4:00 p.m., 5:00 p.m., 6:00 p.m., 7:00 p.m.

Water Aerobics: Monday, Wednesday and Friday: 10:00 a.m. -11:00 a.m.

Tuesday and Thursday: 6:00 p.m. - 7:00 p.m.

Cost: \$40.00 for 8 classes, per participant

Pool Memberships are NOW AVAILABLE:

Adults: 18 & over \$80.00
Child: 17 & under \$40.00
Senior: 60 & over \$40.00

SPECIAL EVENTS

The City of Miami Springs is gearing up for our Annual Independence Day Festivities to be held on Friday July 4th. The day begins with the parade at 10:00 a.m., immediately followed by activities at the Miami Springs Country Club. Come cool off on the giant water slides, and sit and relax out of the sun, while listening to "DJ Frankie".

Registration for the Baby Contest will begin at 11:00 a.m. in the Country Club; the contest will start promptly at noon, for ages birth to 24 months. Don't forget! There's also a category for the "Most Patriotic" baby. The day's not over yet: our fireworks display will be held on the golf course at DUSK.



HUMAN RESOURCES DEPT. 305.805.5009

JULY BIRTHDAYS:

Happy Birthday and Best Wishes to the following City employees:



- | | |
|--------------------|--------------------|
| Andres Quintanilla | Ernest Paul O'Dell |
| Harry Mayer | Jorge Capote |
| Albert Vargas | Matthew Castillo |
| Moira Ramos | Robert Castillo |
| Julio Ferreira | Justin Robbins |
| Christopher Dweck | |

Recognizing long term employees:

The following employees had their anniversary date in June

Gary M. Feters	completed 16 years of service.
Lazaro M. Garaboa and Thomas W. Nash	completed 14 years of service.
David Olivas	completed 13 years of service.
Cheryl R. Mulet	completed 12 years of service.

Thank you for your loyal service to the City of Miami Springs.

JULY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 INDEPENDENCE DAY! CITY HALL CLOSED!	5
6	7	8	9 Curbside Recycling	10	11	12
13	14	15	16	17	18	19
20	21	22	23 Curbside Recycling	24 CITY COUNCIL SPECIAL MEETING: 5:01 PM	25	26
27	28	29	30	31	CITY OF MIAMI SPRINGS	CITY CLERK'S OFFICE