

City of Miami Springs

News Bulletin



The City of Miami Springs pays for the News Bulletin

City Officials:
 Mayor Xavier Garcia
 Vice-Mayor George Lob
 Councilman Bob Best
 Councilwoman Grace Bain
 Councilwoman Jennifer Ator

201 Westward Drive, Miami Springs, FL 33166 • City Hall: 305.805.5000 • Police: 305.888.9711 • Water/Sewer Emergencies: 305.274.9272 • Fire & Rescue: 911

SEPTEMBER 2012

IMPORTANT CALENDAR DATES

COUNCIL MEETINGS

- MONDAY, OCTOBER 8, 2012 – 7 P.M.**
CITY COUNCIL REGULAR MEETING
CITY HALL COUNCIL CHAMBERS
- MONDAY, OCTOBER 22, 2012 – 7 P.M.**
CITY COUNCIL REGULAR MEETING
CITY HALL COUNCIL CHAMBERS
- MONDAY, NOV. 12, 2012 – 7 P.M.**
VETERANS DAY HOLIDAY
CITY HALL WILL BE CLOSED!

CURBSIDE RECYCLING PICK-UP

Wednesday, October 3, 2012
 Wednesday, October 17, 2012

SPOTLIGHT ON ... Bike Helmets

You share our roads, sidewalks and beautiful bike paths with them, actually hundreds of them. Or, maybe you are one of them. As the cooler and drier days of October arrive, more and more bicyclists will be taking to the streets. If you plan to be one of the multitude of Miami Springs cyclists this fall, bike safety should be a priority for you.

In particular, the wearing of a bicycle helmet needs to become part of your cycling routine. Florida law mandates bicycle helmets for children 15 and under.

According to the Insurance Institute for Highway Safety, 70% of bicyclists killed in 2010 reportedly were not wearing helmets. Every year, nearly one million children are treated for cycle-related injuries in emergency rooms and other health care settings. National statistics find that head injuries cause three out of four serious injuries and deaths that occur in

bicycle accidents.

The National Safety Council provides these tips when searching for a properly designed helmet:



1. a stiff outer shell designed to distribute impact forces and protect against sharp objects;
2. an energy-absorbing liner at least one-half inch thick;
3. a chin strap and fastener that keep the helmet in place; and
4. it should be lightweight, well ventilated to be cool in hot weather, and fit comfortably.

The importance of wearing helmets when bicycling cannot be emphasized enough. A recent analysis by The National Safe Kids Campaign of several helmet studies found that helmet use can reduce the risk of head injury by 85 percent, severe brain injury by 88 percent and that 75 percent of bicycle fatalities

among children could be prevented if all children wore helmets. In addition, if bicyclists of all ages wore helmets, one head injury would be prevented every four minutes.

Helmets can only provide the best protection if worn properly. A helmet will be most effective if:

1. it fits snugly but not tightly;
2. it sits on top of the riders' head in a level position, about two fingers' worth above the eyebrow;
3. it does not rock back and forth or from side to side;
4. the straps are buckled up;
5. it meets or exceeds the safety standards of the U.S. Consumer Protection Safety Commission, the American National Standards Institute, the Snell Memorial Foundation, or the American Society for Testing and Materials.

Rather than seeing bike helmets as accessories, let's think of them as necessities - items that can often prevent injury and death, thereby increasing enjoyment of one of our City's most popular sports.

Art in City Hall



Come see art by 2nd - 5th graders from Springview Elementary in City Hall Lobby during the month of October.

The work of Art Instructor Janice Keenan's 2nd through 5th grade students from Springview Elementary School will be featured for the October "Art in City Hall Exhibit."

This exhibit will showcase a variety of different art media such as painting, oil pastels, collage and watercolor. There is an assortment of styles and subject matter in creating these imaginative and innovative artworks. They demonstrate how the students have achieved organizing the principles of design by arranging the structural elements of art in their personal work.

Come see the amazing pieces the students have made! You are cordially invited to meet our talented young artists and their teacher Ms. Keenan at a reception being held on Monday, October 1, 2012 between the hours of 6:30 and 8:30 p.m. If you are not able to attend the reception, you will be able to view the art exhibit during the month of October between the hours of 8:00 a.m. and 4:45 p.m.

ELDERLY SERVICES DEPT.

305.805.5160 SENIOR CENTER,
 343 PAYNE DRIVE

The City of Miami Springs Senior Center, located on Prince Field at 343 Payne Drive, offers a variety of activities and services to older residents, age 60 and over, Monday through Friday from 9:00 a.m.--5:00 p.m. A variety of services and activities are offered to include:

CONGREGATE MEALS: Hot lunch meals are served weekdays from 11:30 a.m.--12:30 p.m. to assist area seniors in maintaining a nutritionally balanced diet and to provide opportunities to volunteer and socialize with their peers.

HOME DELIVERED MEALS: A limited number of lunch meals are delivered each weekday to functionally impaired, older residents who are homebound, unable to cook properly for themselves, and who have little or no additional support available.

NUTRITION EDUCATION: Nutrition education programs are provided each month by the program's consulting Registered Dietician or the Elderly Services Director.

HEALTH SUPPORT ACTIVITIES:

- **YOGA-STYLE CLASSES**, sponsored by the Miami Springs Adult and Community School, are provided free to those age 60 and over on Mondays, Wednesdays and Fridays from 8:45-10:15 a.m. at the City's Community Center. Class size is limited and registration is required.

- **"GET-IN-SHAPE" DANCE FITNESS CLASSES**, free to area seniors, are provided by Natasha Salmon-Cogno, Certified Personal Trainer, through the M.S. Adult and Community School. Classes meet on M-W-F from 10:15-11:00 a.m. at the City's senior center.

- **Free CHAIR EXERCISE CLASSES** are provided at the senior center every Monday, Wednesday and Friday from 11-11:30 a.m. by Instructor Elizabeth King.

- *****NEW COURSE OFFERING:** Free CHAIR YOGA CLASSES are now offered for seniors on Tuesday and Thursday mornings from 9:30-11:00 a.m. at the Community Center. Class size is limited and students must pre-register at the Senior Center office.

- **-Free LINE DANCING CLASSES** are offered at the Senior Center every Thursday from 9:30-11:00 a.m. by Instructor Denise Gishler.

TRANSPORTATION: Daily pick-up, utilizing the city's minibus, is provided to older residents with no means of transportation to and from the center. In addition, weekly trips are made to a local grocery store and assistance is given with shopping and carrying packages. Field trips to area stores and other places of interest are planned each month.

RECREATION: Recreational and social activities are planned for October to include: Bingo games (10/1, 10/8, 10/15, 10/22 and 10/29); a field trip to International Mall on the 12th; a rummage sale fundraiser slated for the 3rd; a birthday and anniversary celebration planned for the 18th; and a meeting of the



Lois Floyd and Helen Wells agree that a cup of coffee shared with a friend is happiness tasted and time well spent.

Miami Springs/Virginia Gardens Senior Citizens' Club scheduled for the 16th.

EDUCATIONAL PROGRAMS:

A FREE COMPUTER and INTERNET TRAINING CLASS for Spanish-speaking seniors will begin on October 2nd at the Miami Springs Senior Center. The S.T.E.P.S. Silver Surfers Program is designed to meet individualized learning needs through self-paced classes and to introduce seniors to a variety of opportunities provided by the Internet (i.e. applying for government benefits and access resources on a variety of topics and interests, connecting with family members & friends, paying bills and conducting banking, etc.) Each course meets for 5 consecutive weeks on Tuesday mornings and is limited to 12 students. Call the senior center at (305) 805-5160 to reserve your space in an upcoming class.

Presentations on crime prevention, health, nutrition, city and consumer issues are presented at 12:15 p.m. on different dates throughout each month. On October 10th, the YMCA of Greater Miami and the Alliance for Aging, Inc. will sponsor a presentation on "Breast Cancer Awareness." Tex Ziadie, Building & Code Compliance Director for the City of Miami Springs, will present information on "City Permitting Rules & Regulations" on October 17th. Officers from the MSPD Community Policing Office will conduct a "Crime Watch Meeting" for seniors on October 23rd. Simply Healthcare and the Alliance for Aging, Inc. will present the topic, "Nutrition, Physical Activity and Aging" on October 24th.

In addition, a large selection of jig-saw puzzles, magazines, books and audio-books are available to area residents on a free loan basis. A monthly "Calendar of Events" can be obtained at the senior center and at City Hall, and is posted on the City's website under the Elderly Services Department section. For further information on any of the services, activities, or special programs offered, please call 305.805.5160.

Tips from the Ecology Board

Don't know how to dispose of your old paints, pesticides, solvents, pool chemicals, unbroken fluorescent light bulbs (long-tube fluorescents as well as CFLs and other fluorescent types), empty propane tanks or electronic waste? Bring them to the Miami-Dade County Home Chemical Collection Center at 8831 NW 58th Street in Doral. The Center is open Wednesday through Sunday, from 9 a.m. to 5 p.m.

The Center also administers the "Chem-Again" Program, which offers new or almost new "as is" chemical products for home use collected at the Center free-of-charge on a first come basis to Miami-Dade County residents over the age of 18. You will be required to sign a release form, and the County does not guarantee the condition or performance of any products. A list of currently available products (such as paint, stain, cleaners, transmission oil etc.) may be viewed at <http://www.miamidade.gov/publicworks/library/reports/chem-again-doral.pdf> For more details, visit the Center or call 3-1-1.



The City of Miami Springs welcomes the following new business to our City, and wishes them every success:

All Services Home Health Agency
 190 Westward Drive
 General Office

POLICE DEPARTMENT
305.888.9711

**Kidnapping
Phone Scam**

The Miami Springs Police Department wants to alert the public to a new scam. There is a disturbing new twist on an old scam. Instead of telling the potential victim their family member has been injured or in need of medical attention, these criminals try to convince the victim their family members have been kidnapped and will be harmed unless the victim pays a ransom.

Residents may receive one of these telephone calls on their cell phone or home phone. The unknown caller advises he/she has the victim's son, wife, grandchildren, or any other family member and the victim should do as instructed or the family would be harmed.

Miami Springs Police Department offers these tips:

- Remain calm and try to locate your family member as quickly as possible to ensure their safety (try to have another person make contact with the family member to determine if the call is a hoax).
- Remember, the vast majority of these calls are hoaxes. Whether done as a prank or an attempt to extort money, these individuals are trying to exploit your fears. If you have caller ID, write down the number.
- Pay close attention to the accent, demands and any sounds you may hear.
- Do not tell the caller where you live or agree to any money transfer. Never provide information about you or your family (including the name of the individual allegedly kidnapped, injured, etc.).
- Ask the caller to verify their claim by pro-



viding the name(s) of the family member(s) held or hurt.

- Ask to speak to your family member to confirm his/her identity. This foils the majority of these calls because the virtual kidnapper only has the upper hand as long as you believe that he/she really has your loved one. Don't be afraid to challenge them by asking "What is my child's name?"
 - If the caller cannot or will not answer, hang up (many will hang up at the first sign of stubbornness).
 - Never agree to provide ransom money or meet anyone to deliver money.
 - Contact law enforcement immediately.
- The Miami Springs Police Department hopes that these tips will help the residents be aware of this latest con. When someone hasn't heard of the scam it's a very believable story.

PUBLIC WORKS DEPARTMENT

305.805.5170

The Public Works Department is very busy this month working to improve our storm drainage and to keep Miami Springs beautiful. They are setting up two Storm Drainage projects for the very near future, that will each run approximately 90 days from start to finish:

1. 100 block of Bentley @ Flagler Drive
2. Bluebird Ave @ Miami Springs Ave

Also, tree trimming contractors will be in the City the first week of October to start much needed trimming to maintain our lush canopy.

Remember, if you are planting a tree in a public right-of-way, or removing a tree in a public right-of-way or on private property you will need a City permit. Permits may be obtained at the Building and Code Compliance Department in City Hall. If you have any tree-related questions, please call Public Works at 305.805.5170.



50 Miami Springs employees, friends and family members attended a recent Miami Marlins game.

PARKS & RECREATION DEPT.
305.805.5075/76 1401 WESTWARD DRIVE

FACILITY RENTAL:

The Multi-Purpose Room is available for rentals. The 10x10 Pavilions at Prince Field are available for rentals. Contact the main office at the Community Center for availability and pricing. 305.805.5075

SCHOOL HOLIDAY PROGRAM

Register now for the School Holiday Program. The registration fee is \$35.00 unless registered for ASC; cost is \$20.00 per day. The SHP is available for: Teachers Work Days, Christmas Holiday & Spring Break from 7:00am – 6:00pm

GYMNASIUM:

Open Gym Basketball Hours: Monday - Friday 2:45 p.m. - 5:30 p.m. 17 and under ONLY, Tuesday and Thursday 6:00 p.m. – 9:30 p.m., Saturday 7:00 a.m. - 8:30 p.m. and Sunday 9:00 a.m. -7:00 p.m. open play, 17 and under Free 18 & over \$4

Open Gym Volleyball: is offered every Friday night from 6:30 p.m. – 9:30 p.m. 18 and over \$4.00, 17 and under are free.

Walking Club: Register Now! Members will be rewarded for miles completed. We'll not only walk on the Indoor Jogging/Walking Track in our Gymnasium we'll also do different trails located throughout the Miami Springs area. For additional information, contact Caitlin Smith.

FITNESS:

Fitness Room and Jogging Track Hours: Monday – Friday 6:00 a.m. – 9:30 p.m., Saturday 7:00 a.m. – 8:30 p.m. and Sunday 9:00 a.m. – 7:00 p.m.

Fitness Room Memberships are NOW AVAILABLE:

- Adults: 18 and over \$150.00.
- Senior: 60 and over \$75.00
- Youth: 13 – 17, \$150.00 (must be accompanied by a PARENT)
- Family of 2: \$188.00
- Family of 3: \$263.00
- Additional family members \$75.00*
- *Immediate Family Members ONLY

Yoga: The yoga class is hosted by certified yoga teacher and personal trainer, Natasha Salmon Cagno. Yoga is held Monday and Wednesday evenings from 7:15pm- 8:15pm and Saturday mornings at 8:45 a.m. The next yoga registration will be on Monday, October 29th at 6:45pm at the Miami Springs Community Center. The cost is \$95 for an 8 week session. Please call the Community Center for details.

We are now offering a Saturday drop in yoga class. The cost per class is \$5.00 and starts at 8:45 a.m.

JAZZERCISE: Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt tone and lengthen muscles for maximum fat burn.



Learn to swim! Classes for all ages are held every two weeks year-round. For information, please call the Aquatic Center at 305.805.5078.

Tuesday and Thursday Mornings: 9:00 a.m. – 10:00 a.m. Monday through Thursday: 6:00 p.m. – 7:00 p.m. Tuesday and Thursday: 7:05 p.m. - 8:00 p.m. Saturday: 10:00 a.m.-11:00 a.m.

Jr. Jazzercise: Tuesday and Thursday: 5:00 p.m. – 6:00 p.m. For information visit jazzercise.com or call 305.888.7625

AQUATICS: Pool Hours: Monday-Friday: Lap Swimming 11:00 a.m. – 1:00 p.m., Open Swim 3:00 p.m. – 8:00 p.m. Saturday: Open Swim 1:00 p.m. – 5:00 p.m.

Swimming Lessons: With certified American Red Cross Instructors, and an outstanding facility, the Miami Springs Aquatic Center welcomes all children, ages six months and up, to join our American Red Cross Learn-to-Swim program. Sessions run every two weeks and swim classes are offered year round. Our prices are \$45.00 per session and we offer various types of classes.

Class Times: Afternoons: 6:00p.m., 7:00p.m.

Water Aerobics: Monday, Wednesday & Friday 11:30 a.m. – 12:30 p.m. Tuesday & Thursday: 6:00 p.m. -7:00 p.m. Cost: \$40.00 for 8 classes, per participant

Pool Memberships are NOW AVAILABLE:

- Adults: 18 and over \$80.00
- Child: 17 and under \$40.00
- Senior: 60 and over \$40.00

SPECIAL EVENTS

Save the date for the 7th Annual Halloween Event! The Halloween event will be held on Saturday, October 27th at 6 p.m. at Prince Field. The Costume contest will be held at the Miami Springs Community Center. For more information please call the Miami Springs Community Center at 305.805.5075

The Junior Orange Bowl Royal Court Search Preliminary will be held at the Miami Springs Community Center on Saturday, October 20, 2012 at 1 p.m. For additional information please call 305.805.5075 and speak with Patti Bradley.

BUILDING & CODE COMPLIANCE DEPT.

305.805.5030

HOLIDAY DECORATIONS

MIAMI SPRINGS CODE OF ORDINANCES

Sec. 114-09. Carrying on business in public places; obstruction of public ways; placement of vending machines; permit for placement of building materials.

(B) It shall be unlawful to obstruct any part of the public streets, sidewalks, parkways, parks, or other publicly owned properties in the City.

With the Autumn and Winter holiday season here again, it's time to decorate and show our holiday spirit. This is a reminder that placing decorations on the City right of way, which includes sidewalks and swale areas is prohibited and could be dangerous to pedestrians and vehicular traffic.

Holiday decorations are fun to see, and our City has some very creative residents. So let's make safety a priority! Keep in mind that there will be families with children walking at night and obstructions in the right of way could become a safety hazard. To avoid accidents or liabilities to private or City property, we ask that you keep all decorations on your property. Please do not place decorations on City trees, swales, light posts, or electrical cords across sidewalks.

In an effort to keep our City safe we will be monitoring the right of ways such as sidewalks, swales and trees for potential hazards. This is a Civil Infraction therefore a fine could be imposed for violations.

The City of Miami Springs Code Compliance and Building Department wishes all its residents and visitors a wonderful and safe Autumn and Winter Holiday Season.



HUMAN RESOURCES DEPT. 305.805.5009

OCTOBER BIRTHDAYS:

Happy Birthday and Best Wishes to the following City employees:

10/7	Patricia Mann Bradley	10/24	Rafael Perez
10/6	Todd Ramirez	10/26	Jason Hall
10/8	Carol Foster	10/28	Jorge Romeo
10/10	Armando Dominguez		Eneyra Encarnacion

Recognizing long term employees:

The following employees had their anniversary date in September

Karen L. Rosson	completed 35 years of service.
Rosita Hernandez	completed 22 years of service.
Charlene M. Navarro	completed 24 years of service.
David A. Bente	completed 18 years of service.
Terri L. Schuh	completed 16 years of service.
Joyce M. Cox	completed 14 years of service.
Jeanne M. Malden and Roberto C. Gonzalez	completed 11 years of service.

Thank you for your loyal service to the City of Miami Springs.

October 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Board of Adjustment/Zoning: 7:00 p.m.	2 Code Enforcement: 7:00 p.m.	3 Architectural Review: 7:00 p.m. Curbside Recycling	4	5	6
7	8 City Council Meeting: 7:00 p.m.	9 Recreation Commission: 7:00 p.m.	10 Golf and Country Club: 7:00 p.m.	11 Board of Parks and Parkways: 7:00 p.m.	12	13
14	15 Revitalization & Redevelopment : 7:00 p.m.	16 Education Advisory Board: 6:30 p.m.	17 Rep. Mario Diaz- Balart Open House: 2:45 p.m. / Curbside Recycling	18 Historic Preservation: 7:00 p.m.	19	20
21	22 City Council Meeting: 7:00 p.m.	23 Ecology Board: 7:00 p.m.	24	25 Code Review: 7:00 p.m.	26	27
28	29	30	31 Curbside Recycling		CITY OF MIAMI SPRINGS	OFFICE OF THE CITY CLERK