

# jazzercise®

*When's the last time YOU danced?*



## **Jazzercise is a Dance Fitness Program**

for all ages and skill levels. Burn up to 600 calories in one fun and powerfully effective total body workout choreographed to today's hottest music. Jazzercise fuses jazz dance, resistance training, Pilates, yoga, & kickboxing to achieve maximum fat burn. Start dancing yourself fit and change the shape of your body today!

**Call** (305) 888-7625

**Click** [www.Jazzercise.com](http://www.Jazzercise.com)

**Come in** 1401 Westward Drive

As **Cheryl Burke**, two-time Dancing with the Stars Champion says,  
"Jazzercise helps me dance my way to a better body!"

## **Miami Springs Recreation Park**

**Jazzercise**, Adults & Teens

6:00 PM: Monday, Tuesday, Wednesday & Thursday

7:05 Tuesday & Thursday

10:00 AM Saturday

**Best Offer:** \$37 Monthly Auto-Debit  
\$25 Registration Fee\*

**Jr. Jazzercise**, Girls Ages 5+

5:00 PM: Tuesday & Thursday

**Best Offer:** \$36 Monthly Auto-Debit  
\$25 Registration Fee\*

**\*The Registration Fee is a one-time fee for new customers and those who have not attended Jazzercise within the last 12 months.**